

OBSTRUCTIVE SLEEP APNEA

-Expanding the Dental Horizon

24th-25th September 2025



Venue: VISHNU DENTAL COLLEGE

Vishnupur, Bhimavaram,

West Godavari Dist.

Andhra Pradesh, India-534202

LEARNING OBJECTIVES

- Understand the etiology, anatomy, clinical features, and systemic impact of obstructive sleep apnea(OSA).
- Apply diagnostic tools including clinical evaluation, polysomnography, and imaging modalities for Obstructive sleep apnea.
- Compare conservative, dental, ENT, and surgical approaches in the management of OSA.
- Explore advanced techniques such as maxillary expansion, myofunctional therapy, and skeletal interventions.
- Discuss emerging trends in OSA care including artificial intelligence and interdisciplinary case discussions.

GUEST SPEAKERS



Dr. Gayatri Moghe
PEDODONTIST
Co Founder - SOMNIO SLEEP
CLINIC, HYDERABAD



Dr. Sukhvinder BindraORAL AND MAXILLOFACIAL SURGEON
Co Founder- SOMNIO SLEEP
CLINIC, HYDERABAD



Dr. S.Shaik

ENT SURGEON &SLEEP

SPECIALIST

Founder & National President IASSA



Dr. Gautham Phani
PULMONOLOGIST
Assistant Professor
GITAM Institute of Medical Sciences
& Research, Visakhapatnam

PROGRAMME SCHEDULE

DAY-1 24TH SEPTEMBER

TIME	TOPIC	PRESENTER
8:30-9:00 AM	Registration & Inauguration	
9:00-9:45 AM	Obstructive Sleep Apnea: Etiopathogenesis and Systemic Comorbidities	Dr.Sukhvinder Bindra
9:45-10:30 AM	Surgical Anatomy in Obstructive Sleep Apnea: Clinical Relevance	Dr.Sukhvinder Bindra
10:30-10:45 AM	TEA BREAK	
10:45-11:30 AM	Paediatric Dentist's Role in Early Evaluation of Obstructive Sleep Apnea	Dr.Gayatri Moghe
11:30-12:15 PM	Understanding and interpreting PSG through learning basics of sleep physiology	Dr.Goutham Phani
12:15-1:00 PM	Conservative and non invasive management of sleep apnea	Dr.Goutham Phani
1:00-2:00 PM	LUNCH BREAK	
2:00-3:00 PM	ENT Perspective: Comprehensive Evaluation and Management of OSA	Dr.S.Shaikh
3:00-3:15 PM	TEA BREAK	
3:15-4:00 PM	Maxillofacial Insights into OSA: History and Clinical Examination	Dr.Sukhvinder Bindra
4:00-4:45 PM	Imaging Modalities in the Diagnosis of Obstructive Sleep Apnea	Dr.Sukhvinder Bindra

DAY-2 25TH SEPTEMBER

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	TIME	TOPIC	PRESENTER
	8:30-9:15 AM	Strategic Treatment Planning in Obstructive Sleep Apnea	Dr Gayatri Moghe
	9:15-10:45 AM	Maxillary Expansion Techniques in OSA Management	Dr.Gayatri Moghe
	10:45-11:00 AM	TEA BREAK	
	11:00-11:30 AM	Surgically Assisted Rapid Maxillary Expansion: Applications in OSA	Dr.Sukhvinder Bindra
	11:30-12:00 PM	Myofunctional Therapy and Mandibular Advancement Devices: Non-surgical Approaches	Dr.Gayatri Moghe
	12:00-1:00 PM	Skeletal Surgical Interventions in the Management of OSA	Dr.Sukhvinder Bindra
	1:00-1:45 PM	LUNCH BREAK	
	1:45-2:15 PM	Artificial Intelligence and Emerging Advances in OSA Care	Dr.Sukhvinder Bindra
	2:15-3:00 PM	Case Discussion	Dr.Sukhvinder Bindra & Dr.Gayatri Moghe
	3:00-3:10 PM	TEA BREAK	
	3:10-4:45 PM	Case Discussion	Dr.Sukhvinder Bindra & Dr.Gayatri Moghe
	4:45-5:00 PM	Valedictory	

Chief Patrons

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Sri. Adithya Vissam Secretary, SVES

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- Vice Principal, VDC

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Dr. Padma Priya C V Dr. Ravigna Peddi Dr. Shivaji Raju Dr. Jyothirmai.K

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