

# HAND BOOK FOR BDS STUDENTS

## BDS COURSE REGULATIONS

In accordance with the DCI revised BDS course regulations 2007  
(subject to modification from time to time)



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## **SYLLABUS FOR 1<sup>st</sup> BDS**

- 1. Anatomy including embryology and histology**
- 2. Human Physiology**
- 3. Biochemistry & Nutrition**
- 4. Dental Anatomy, Embryology and Oral Histology**

## **ANATOMY INCLUDING EMBRYOLOGY AND HISTOLOGY**

### **AIM:**

The students should gain the knowledge and insight into, the functional anatomy of the normal human head and neck , functional histology and an appreciation of the genetic basis of inheritance and disease, and the embryological development of clinically important structures, so that relevant anatomical & scientific foundations are laid down for the clinical years of the BDS courses.

### **OBJECTIVES:**

#### a) KNOWLEDGE & UNDERSTANDING:

At the end of the 1<sup>st</sup> year BDS course in Anatomical Sciences the undergraduate student is expected to:

1. Know the normal disposition of the structures in the body while clinically examining a patient and while conducting clinical procedures.
2. Know the anatomical basis of disease and injury.
3. Know the microscopic structure of the various tissues, a pre-requisite for understanding of the diseases processes.
4. Know the nervous system to locate the site of lesions according to the sensory and motor deficits encountered.
5. Have an idea about the basis of abnormal development, critical stages of development, effects of teratogens, genetic mutations and environmental hazards.
6. Know the sectional anatomy of head, neck and brain to read the features in radiographs and pictures taken by modern imaging techniques.
7. Know the anatomy of cardio- pulmonary resuscitation.

#### b) SKILLS

1. To locate various structures of the body and to mark the topography of the living anatomy.
2. To identify various tissues under microscope.
3. To identify the features in radiographs and modern imaging techniques.
4. To detect various congenital abnormalities.

### **INTEGRATION:**

By emphasizing on the relevant information and avoiding unwanted details, the anatomy taught integrally with other basic sciences & clinical subjects not only keeps the curiosity alive in the learner but also lays down the scientific foundation for making a better doctor, a benefit to the society.

This insight is gained in a variety of ways :

- 1) Lectures & small group teaching
- 2) Demonstrations
- 3) Dissection of the human cadaver
- 4) Study of dissected specimens
- 5) Osteology
- 6) Surface anatomy of living individual
- 7) Study of radiographs & other modern imaging techniques.
- 8) Study of Histology slides
- 9) Study of embryology models
- 10) Audio-visual aids

Throughout the course, particular emphasis is placed on the functional correlation, clinical application & integration with teaching in other bio dental disciplines.

#### **AN OUTLINE OF THE COURSE CONTENT:**

- (a) General anatomy : Introduction of anatomical terms and brief outline of various systems of the body.
- (b) Regional anatomy of head & neck with osteology of head & neck, with emphasis on topics of dental importance.
- (c) General dispositions of thoracic, abdominal & pelvic organs.
- (d) The regional anatomy of the sites of intramuscular & intra vascular injections, & lumbar puncture.
- (e) General embryology & systemic embryology with respect to development of head & neck.
- (f) Histology of basic tissues and of the organs of gastro-intestinal, respiratory, endocrine, excretory systems & gonads.
- (g) Medical genetics.

#### **FURTHER DETAILS OF THE COURSE:**

- I. INTRODUCTION TO: Anatomical terms; Skin, superficial fascia & deep fascia; Cardiovascular system, portal system collateral circulation and arteries; Lymphatic system, regional lymph nodes.; Osteology – Including ossification & growth of bones; Myology – Including types of muscle tissue & innervations; Syndesmology – Including classification of Joints. ; Nervous system

## II. HEAD & NECK :

- Scalp, face & temple, lacrimal apparatus
- Neck – Deep fascia of neck, posterior triangle, suboccipital triangle, anterior triangle, anterior median region of the neck, deep structures in the neck.
- Cranial cavity – Meninges, parts of brain, ventricles of brain, dural venous sinuses, cranial nerves attached to the brain, pituitary gland.
- Cranial nerves – III, IV,V, VI,VII,IX,XII in detail.
- Orbital cavity – Muscles of the eye ball, supports of the eye ball, nerves and vessels in the orbit.
- Parotid gland.
- Temporo mandibular joint, muscles of mastication, infratemporal fossa, pterygo – palatine fossa.
- Submandibular region .
- Walls of the nasal cavity, paranasal air sinuses .
- Palate.
- Oral cavity, Tongue.
- Pharynx ( palatine tonsil and the auditory tube) Larynx. OSTEOLOGY – Foetal skull, adult skull, individual bones of the skull, hyoid bone and cervical vertebrae.

## III. THORAX : Demonstration on a dissected specimen of

- Thoracic wall
- Heart chambers
- Coronary arteries
- Pericardium
- Lungs – surfaces ; pleural cavity
- Diaphragm.

## IV. ABDOMEN : Demonstration on a dissected specimen of

- Peritoneal cavity
- Organs in the abdominal and pelvic cavity.

## V. CLINICAL PROCEDURES :

- Intramuscular injections : Demonstration on a dissected specimen and on a living person of the following sites of injection.
  - Deltoid muscle and its relation to the axillary nerve and radial nerve.
  - Gluteal region and the relation of the sciatic nerve.
  - Vastus lateralis muscle.

- Intravenous injection & venesection : Demonstration of veins in the dissected specimen and on a living person.
  - a) Median cubital vein b) Cephalic vein c) Basilic vein d) Long saphenous vein
- Arterial pulsation : Demonstration of arteries on a dissected specimen and feeling of pulsation of the following arteries on a living person.
  - a) Superficial temporal b) Facial c) Carotid d) Axillary e) Brachial f) Radial g) Ulnar h) Femoral i) Popliteal j) Dorsalis pedis
- Lumbar puncture : Demonstration on a dissected specimen of the spinal cord, cauda, epidural space and the inter vertebral space between L4 & L5.

#### VI. EMBRYOLOGY:

Oogenesis, Spermatogenesis, Fertilisation, Placenta, Primitive streak, Neural crest, Bilaminar and trilaminar embryonic disc, Intra embryonic mesoderm – formation and fate, notochord formation & fate, Pharyngeal arches, pouches & clefts, Development of face, tongue, palate, thyroid gland, pituitary gland, salivary glands, and anomalies in their development, Tooth development in brief.

#### VII. HISTOLOGY :

The cell : Basic tissues – Epithelium, Connective tissue including cartilage and bone, Muscle tissue, Nervous tissue, Peripheral nerve, optic nerve, sensory ganglion, motor ganglion, Skin.

#### VIII. MEDICAL GENETICS :

Mitosis, meiosis, Chromosomes, gene structure, Mendelism, modes of inheritance.

#### **RECOMMENDED BOOKS :**

1. SNELL (Richards s.) Clinical Anatomy for Medical students, Ed. 5, Little Brown & company, Boston.
2. RJ LAST'S Anatomy – McMINN, 9<sup>th</sup> edition.
3. ROMANES (G.J.) Cunningham Manual of Practical Anatomy :Head & Neck & Brain Ed. 15. Vol. III, Oxford Medical publication.
4. WHEATER, BURKITT & DANIELS, Functional Histology, Ed. 2, Churchill Livingstone.
5. SADLER, LANGMAN'S, Medical Embryology, Ed. 6.
6. JAMES E ANDERSON, Grant's Atlas of Anatomy. Williams & Wilkins.
7. WILLIAMS, Gray's Anatomy, Ed. 38, Churchill Livingstone.

## HUMAN PHYSIOLOGY

### **AIM:**

The broad goal of teaching undergraduate students in Human Physiology aims at providing the student a comprehensive knowledge of the normal function of the organ system of the body to facilitate an understanding of the physiological basis of health and disease.

### **OBJECTIVES:**

#### a) **KNOWLEDGE:**

At the end of the course, the student will be able to :

1. Explain the normal functioning of all the organ systems and their interaction for well coordinated total body function.
2. Assess the relative contribution of each organ system towards the maintenance of the milieu interior.
3. List the physiological principles underlying the pathogenesis and treatment of disease.

#### b) **SKILLS:**

At the end of the course, the student shall be able to :

1. Conduct experiments designed for the study of physiological phenomena.
2. Interpret experimental and investigative data
3. Distinguish between normal and abnormal data derived as a result of tests which he / she has performed and observed in the laboratory.

### **INTEGRATION:**

At the end of the integrated teaching the students shall acquire an Integrated knowledge of organ structure and function and its regulatory mechanisms.

### **COURSE CONTENT:**

#### 1. **GENERAL PHYSIOLOGY:**

- Homeostasis: Basic concept, feed back mechanisms
- Structure of cell membrane, transport across cell membrane
- Membrane potentials

## 2. BLOOD :

- Composition & functions of blood.
- Specific gravity, Packed cell volume, factors affecting & methods of determination.
- Plasma proteins – Types, concentration, functions & variations.
- Erythrocyte – Morphology, functions & variations. Erythropoiesis & factors affecting erythropoiesis.
- ESR – Methods of estimation, factors affecting, variations & significance.
- Haemoglobin – Normal concentration, method of determination & variations in concentration.
- Blood Indices - MCV, MCH, MCHC – definition, normal values, variation
- Anaemia - Definition, classification, life span of RBC; destruction of RBCs, Formation & fate of bile pigments, Jaundice – types.
- Leucocytes - Classification, number, percentage, distribution morphology, properties, functions & variations. Role of lymphocytes in immunity, life span & fate of leucocytes.
- Thrombocytes –Morphology, number, variations, function & Thrombopoiesis
- Haemostasis – Role of vasoconstriction, platelet plug formation in haemostasis, coagulation factors, intrinsic & extrinsic pathways of coagulation, clot retraction.
- Tests of haemostatic function, platelet count, clotting time, bleeding time, prothrombin time - normal values, method & variations. Anticoagulants – mechanism of action.
- Bleeding disorders.
- Blood groups : ABO & Rh system, method of determination, importance, indications & dangers of blood transfusion, blood substitutes.
- Blood volume : Normal values, variations.
- Body fluids: Distribution of total body water, intracellular & extra cellular compartments, major anions & cations in intra and extra cellular fluid.
- Tissue fluids & lymph : Formation of tissue fluid, composition, circulation & functions of lymph. Oedema – causes.
- Functions of reticulo endothelial system.

## 3. MUSCLE AND NERVE:

Classification of nerves, structure of skeletal muscle – Molecular mechanism of muscle contraction, neuromuscular transmission. Properties of skeletal muscle structure and properties of cardiac muscle & smooth muscle:

## 4. DIGESTIVE SYSTEM :

- Introduction to digestion : General structure of G. I. tract, Innervation
- Salivary glands : Structure of salivary glands, composition , regulation of secretion & functions of saliva.



- Stomach : Composition and functions of gastric juice, mechanism and regulation of gastric secretion.
- Exocrine Pancreas – Structure, composition of pancreatic juice, functions of each component, regulation of pancreatic secretion.
- Liver : structure , composition of bile, functions of bile, regulation of secretion –
- Gall bladder : structure, functions.
- Small intestine - Composition, functions & regulation of secretion of intestinal juice.
- Large intestine – Functions.
- Motor functions of GIT: Mastication, deglutition, gastric filling & emptying, movements of small and large intestine, defecation.

#### 5. EXCRETORY SYSTEM :

- Structure & functions of kidney, functional unit of kidney & functions of different parts.
- Juxta glomerular apparatus , renal blood flow.
- Formation of Urine : Glomerular filtration rate – definition, determination, normal values, factors influencing G.F.R.
- Tubular re absorption – Re absorption of sodium, glucose, water & other substances.
- Tubular secretion – of Urea, hydrogen and other substances. Mechanism of concentration & dilution of urine.
- Role of kidney in the regulation of pH of the blood.
- Micturition: anatomy & innervation of Urinary bladder, mechanism of micturition & abnormalities.

#### 6. BODY TEMPERATURE &FUNCTIONS OF SKIN:

#### 7. ENDOCRINOLOGY:

- General endocrinology – Enumeration of endocrine glands & hormones – General functions of endocrine system, chemistry, mechanism of secretion, transport, metabolism regulation of secretion of hormones.
- Hormones of anterior pituitary & their actions , hypothalamic regulation of anterior pituitary function. Disorder of secretion of anterior pituitary hormones.
- Posterior pituitary : Functions, regulations & disorders of secretion.
- Thyroid :Histology, synthesis, secretion & transport of hormones, actions of hormones, regulations of secretion &disorders. Thyroid function tests.
- Adrenal cortex & Medulla – synthesis, secretion, action , metabolism, regulation of secretion of hormones & disorders.
- Other hormones – Angiotensin, A.N.F.

## 8. REPRODUCTION:

Sex differentiation, Physiological anatomy of male and female sex organs.

- Female reproductive system: Menstrual cycle, functions of ovary, actions of oestrogen & progesterone, control of secretion of ovarian hormones, tests for ovulation, fertilization, implantation, maternal changes during pregnancy, tests & parturition. Lactation, composition of milk, factors controlling lactation, milk ejection reflex.
- Male reproductive system: spermatogenesis, semen and contraception.

## 9. CARDIO VASCULAR SYSTEM

- Functional anatomy and innervation of heart, properties of cardiac muscle
- Electrocardiogram – Normal electrocardiogram. Two changes in ECG in myocardial infarction.
- Cardiac cycle – Phases, pressure changes in atria, ventricles & aorta.
- Volume changes in ventricles. Jugular venous pulse, arterial pulse.
- Heart sounds : Mention of murmurs
- Heart rate : Normal value, variation & regulation
- Cardiac out put : Definition, Normal values, one method of determination, variation, factors affecting heart rate and stroke volume.
- Arterial blood pressure: Definition, normal values & variations determinants, regulation & measurement of blood pressure.
- Coronary circulation.
- Cardio vascular homeostasis – Exercise & posture.

## 10. RESPIRATORY SYSTEM

- Physiology of Respiration : External & internal respiration.
- Functional anatomy of respiratory passage & lungs.
- Respiratory movements : Muscles of respiration, Mechanism of inflation & deflation of lungs.
- Intra pleural & intra pulmonary pressures & their changes during the phases of respiration.
- Mechanics of breathing - surfactant, compliance & work of breathing.
- Spirometry: Lung volumes & capacities definitions, normal values significance, factors affecting vital capacity, variation in vital capacity , Forced Expiratory Volume & its variations.
- Pulmonary ventilation – alveolar ventilation & dead spaces – ventilation.
- Composition of inspired air, alveolar air and expired air.
- Exchanges of gases : Diffusing capacity, factors affecting it. Transport of Oxygen & carbon dioxide in the blood.
- Regulation of respiration – neural & chemical.
- Hypoxia, cyanosis, dyspnoea, periodic breathing.
- Artificial respiration, pulmonary function tests.

## 11. CENTRAL NERVOUS SYSTEM

- Organisation of central nervous system
- Neuronal organization at spinal cord level
- Synapse receptors, reflexes, sensations and tracts
- Physiology of pain
- Function of cerebellum, thalamus, hypothalamus and cerebral cortex.
- Formation and functions of CSF
- Autonomic nervous system.

## 12. SPECIAL SENSES

Fundamental knowledge of vision, hearing, taste and smell.

### **PRACTICALS**

The following list of practicals is minimum and essential. All the practicals have been categorized as procedures and demonstrations. The procedures are to be performed by the students during practical classes to acquire skills. All the procedures are to be included in the University practical examination. Those categorized as demonstration are to be shown to the students during practical classes. However these demonstrations would not be included in the University examinations but questions based on this would be given in the form of charts, graphs and calculations for interpretation by the students.

#### PROCEDURES:

- Enumeration of Red Blood Cells
- Enumeration of White Blood Cells
- Differential leucocyte counts
- Determination of Haemoglobin
- Determination of blood group
- Determination of bleeding time and clotting time
- Examination of pulse
- Recording of blood pressure

#### DEMONSTRATION :

- Determination of packed cell volume and erythrocyte sedimentation rate
- Determination of specific gravity of blood
- Determination of erythrocyte fragility
- Determination of vital capacity and timed vital capacity

- Skeletal muscle experiments: Study of laboratory appliances in experimental physiology. Frog's gastrocnemius sciatic preparation. Simple muscle curve, effects of two successive stimuli, effects of temperature, genesis of fatigue and tetanus. Effect of after load and free load on muscle contraction, calculation of work done.
- Electrocardiography: Demonstration of recording of normal electro cardiogram
- Clinical examination of cardiovascular and respiratory system.

#### TEXT BOOKS :

Guyton ; Text book of Physiology 9<sup>th</sup> edition.

Ganong ; Review of Medical Physiology 19<sup>th</sup> edition

Choudhari ; Concise Medical Physiology, 2<sup>nd</sup> edition

Chaterjee; Human Physiology, 10<sup>th</sup> edition

A.K. Jain ; Human Physiology for BDS students, 1<sup>st</sup> edition

Tandon: Textbook of Physiology for Dental Students.

#### BOOKS FOR REFERENCE :

i) Berne & Levery : Physiology, 2<sup>nd</sup> edition

ii) West – Best & Taylor's Physiology basis of Medical Practice, 11<sup>th</sup> edition

#### EXPERIMENTAL PHYSIOLOGY :

i) Rannade: Practical Physiology, 4<sup>th</sup> edition

ii) Ghai; a text book of practical physiology

iii) Hutchison 's Clinical Methods, 20<sup>th</sup> edition

## BIOCHEMISTRY AND NUTRITION

### AIM:

The major aim is to provide a sound but crisp knowledge on the biochemical basis of the life processes relevant to the human system and to dental / medical practice. The contents should be organized to build on the already existing information available to the students in the pre-university stage and reorienting.

The chemistry portion should strive towards providing information on the functional groups, hydrophobic and hydrophilic moieties and weak valence forces that organize macromolecules. Details on structure need not be emphasized.

Discussion on metabolic processes should put emphasis on the overall change, interdependence and molecular turnover. While details of the steps may be given, the student should not be expected to memorise them. An introduction to biochemical genetics and molecular biology is a must but details should be avoided. The exposure to anti vitamins, anti metabolites and enzyme inhibitor at this stage, will provide a basis for the future study of medical subjects. An overview of metabolic regulation is to be taught by covering hormonal action, second messengers and regulation of enzyme activities. Medical aspects of biochemistry should avoid describing innumerable functional tests, most of which are not in vogue cataloguing genetic disorders under each head of metabolism is unnecessary. A few examples which correlate genotype change to functional changes should be adequate.

At the end of the course the student would be able to acquire a useful core of information, which can be retained for a long time . Typical acid tests can be used to determine what is to be taught or what is to be learnt. A few examples are given below.

1. Need not know the structure of cholesterol. Should know why it cannot be carried free in plasma.
2. Mutarotation should not be taught. Student should know why amylase will not hydrolyse cellulose.
3. Need not know the details of alpha - helix and beta – pleats in proteins.
4. Need not know mechanism of oxidative phosphorylation. Should know more than 90% of ATP is formed by this process.
5. Need not know details of the conversion of pepsinogen to pepsin. Should know hydrochloric acid cannot break a peptide bond at room temperature.
6. Need not remember the steps of glycogenesis. Should know that glycogen can also be synthesised from non carbohydrate sources.
7. Need not know about urea or creatinine clearance tests. Should know the basis of increase of urea and creatinine in blood in renal insufficiency.

8. Need not know the structure of insulin. Should know why insulin level in circulation is normal in most cases of maturity onset diabetes.
9. Need not know the structural details of ATP.
10. Need not know the mechanism of action of prolylhydroxylase. Should know why the gum bleeds in scurvy.
11. Need not know the structure of Vitamin K. Should know the basis of internal bleeding arising due to its deficiency.
12. Need not remember the structure of HMGCoA. Should know why it does not lead to increased cholesterol synthesis in starvation.

### **COURSE CONTENT:**

#### **1. CHEMISTRY OF BIO-ORGANIC MOLECULES**

- Carbohydrates: Definition , biological importance and classification. Monosaccharides –Isomerism , Anomerism. Sugar derivatives, Disaccharides, Polysaccharides. Structures of starch and glycogen.
- Lipids : Definition , biological importance and classification. Fats and fatty acids. Introduction to compound lipids. Hydrophobic and hydrophilic groups, cholesterol, Bile salts, Micelle, Bimolecular leaflet.
- Proteins: Biological importance; aminoacids : classification. Introduction to peptides. Proteins: simple and conjugated ; globular and fibrous. Charge properties, Buffer action. Introduction to protein conformation : Denaturation.
- Nucleic acids : Building units Nucleotides. Outline of structure of DNA and RNA. High energy compound ATP, Phosphorylamidines, Thiolesters, Enol phosphates.

#### **2. MACRONUTRIENTS AND DIGESTION**

- Energy needs : Basal metabolic rate. Dietary carbohydrates, fibres. Dietary lipids, essential fatty acids. Nitrogen balance. Essential amino acids. Protein quality and requirement ( methods for evaluation of protein quality to be excluded). Protein calorie malnutrition. Balanced diet.
- Enzymatic hydrolysis of dietary carbohydrates. Mechanism of uptake of monosaccharides. Digestion and absorption of triacylglycerols. Enzymatic hydrolysis of dietary proteins and uptake of amino acids.

### **3. MICRONUTRIENTS**

- Vitamins: Definition, classification, daily requirement, sources and deficiency symptoms. Brief account of water soluble vitamin D and its role in calcium metabolism. Vitamin E. Vitamin K and gamma carboxylation, Introduction to antivitamins and hypervitaminosis.
- Minerals: Classification, daily requirement calcium and phosphate: sources, uptake, excretion, function.
- Serum calcium regulation.
- Iron: sources, uptake and transport. Heme and nonheme iron functions ; deficiency.
- Iodine : Brief introduction to thyroxine synthesis. General; functions of thyroxine.
- Fluoride: function, deficiency and excess.
- Indications of role of other minerals.

### **4.ENERGY METABOLISM OF OVERVIEW**

Outline of glycolysis, pyruvate oxidation and citric acid cycle. Beta oxidation of fatty acids. Electron transport chain and oxidative phosphorylation. Ketone body formation and utilization. Introduction to glycogenesis, glycogenolysis, fattyacid synthesis, lipogenesis and lipolysis. Gluconeogenesis .

Lactate metabolism.

Protein utilization for energy.

Glucogenic and ketogenic amino acids.

Integration of metabolism.

### **5. SPECIAL ASPECTS OF METABOLISM**

Importance of pentose phosphate pathway. Formation of glucuronic acid. Outline of cholesterol synthesis and breakdown . Ammonia metabolism . Urea formation.Phosphocreatine formation. Transmethylation. Amines . Introduction to other functions of amino acids including one carbon transfer . Detoxication ; Typical reactions. Examples of toxic compounds. Oxygen toxicity.

### **6. BIOCHEMICAL GENETICS AND PROTEIN SYNTHESIS**

Introduction to nucleotides: formation and degradation DNA as genetic material.

Introduction to replication and transcription. Forms and functions of RNA. Genetic code and mutation . Outline of translation process. Antimetabolites and antibiotics interfering in replication, transcription and translation. Introduction to cancer, virus and oncogenes.

## **7. ENZYME AND METABOLIC REGULATION**

- Enzymes : Definition, classification. specificity and active site. Cofactors. Effect of pH, temperature and substrate concentration, introduction to enzyme inhibitors, proenzymes and isoenzymes. Introduction to allosteric regulation, covalent modification and regulation by induction / repression.
- Overview of hormones. Introduction to second messengers, cyclic AMP, calcium ion, inositol triphosphate. Mechanism of action of steroid hormones, Epinephrine, glucagons and insulin in brief. Acid base regulation . Electrolyte balance.

## **8. STRUCTURAL COMPONENTS AND BLOOD PROTEINS**

- Connective tissue: Collagen and elastin. Glycosaminoglycans. Bone structure. Structure of membranes. Membrane associated processes in brief. Exocytosis and endocytosis. Introduction to cytoskeleton . Myofibrill and muscle contraction in brief.
- Haemoglobin: Functions, Introduction to heme synthesis and degradation. Plasma proteins:- classification and separation, Function of albumin . A brief account of immunoglobulins . Plasma lipoproteins: Formation, function and turnover.

## **9. MEDICAL BIOCHEMISTRY**

- a) Regulation of blood glucose. Diabetes mellitus and related disorders. Evaluation of glycemic status.
- b) Hyperthyroidism and hypothyroidism Biochemical evaluation.
- c) Hyperlipoproteinemias and atherosclerosis, Approaches to treatment.
- d) Jaundice: Classification and evaluation, Liver function tests, Plasma protein pattern, serum enzymes levels.
- e) Brief introduction to kidney function tests and gastric function tests.
- f) Acid base imbalance, Electrolyte imbalance evaluation, Gout.
- g) Examples of genetic disorders including lysosomal storage disorders, glycogen storage disorders, glucose 6- phosphate dehydrogenase deficiency., hemoglobinopathies, inborn errors of amino acid metabolism and muscular dystrophy ( one or two examples with biochemical basis will be adequate).
- h) Serum enzymes in diagnosis.



**PRACTICAL : Contact hours 50**

1. Qualitative analysis of carbohydrates	4
2. Color reaction of protein and amino acids	4
3. Identification of nonprotein nitrogen substances	4
4. Normal constituents of urine	4
5. Abnormal constituents of urine	4
6. Analysis of saliva including amylase	2
7. Analysis of milk; quantitative estimations	2
8. Titratable acidity and ammonia in urine	2
9. Free and total acidity in gastric juice	2
10. Blood glucose estimation	2
11. Serum total protein estimation	2
12. Urine creatinine estimation demonstration	2
13. Paper electrophoresis charts / clinical data evaluation	2
14. Glucose tolerance test profiles	2
15. Serum lipid profiles	1
16. Profiles of hypothyroidism and hyperthyroidism	1
17. Profiles of hyper and hypoparathyroidism	1
18. Profiles of liver function	1
19. Urea, uric acid creatinine profile in kidney disorders	1
20. Blood gas profile in acidosis / alkalosis	1

**RECOMMENDED BOOKS :**

1. Concise text book of Biochemistry (3<sup>rd</sup> edition) 2001, T.N. Pattabiraman
2. Nutritional Biochemistry 1995, S. Ramakrishna and S. V. Rao
3. lecture notes in Biochemistry 1984, J. K. Kandlish

**REFERENCE BOOKS:**

1. Text book of Biochemistry with clinical correlation 1997, T.N. Devlin
2. Harper's Biochemistry, 1996., R. K. Murray et. al
3. Basic and applied Dental Biochemistry , 1997, R. A. D. Williams & J.C Elliot

## **DENTAL ANATOMY, EMBRYOLOGY AND ORAL HISTOLOGY**

### **INTRODUCTION:**

Dental Anatomy including Embryology and Oral Histology – a composite of basic Dental Sciences & their clinical applications.

### **SKILLS:**

The students should acquire basic skills in :

1. Carving of permanent teeth in wax blocks.
2. Microscopic study of Oral tissues.
3. Age estimation by pattern of teeth eruption from plaster casts of different age groups.

### **OBJECTIVES:**

After a course on Dental Anatomy including Embryology and Oral Histology,

- The student is expected to appreciate the normal development , morphology , structure & functions of oral tissues & variations in different pathological / non-pathological states.
- The students should understand the histological basis of various dental treatment procedures and physiologic ageing process in the dental tissues.
- The students must know the basic knowledge of various research methodologies.

### **COURSE CONTENT:**

#### **I. TOOTH MORPHOLOGY**

- i. Introduction to tooth morphology :
  - Human dentition, types of teeth & functions, Palmer's & Binomial notation system, tooth surfaces, their junctions – line angles & point angles, definition of terms used in dental morphology, geometric concepts in tooth morphology, contact areas & embrassures – Clinical significance.
- ii. Morphology of permanent teeth :
  - Description of individual teeth & functions, along with their endodontic anatomy & including a note on their chronology of development, differences between similar class of teeth & identification of individual teeth .
  - Variation & Anomalies commonly seen in individual teeth.

- iii. Morphology of Deciduous teeth:
  - Generalized differences between Deciduous & Permanent dentition.
  - Description of individual deciduous teeth, including their chronology of development, endodontic anatomy, differences between similar class of teeth & identification of individual teeth.
- iv. Occlusion :
  - Definition, factors influencing occlusion - basal bone, arch, individual teeth, external & internal forces & sequence of eruption .
  - Inclination of individual teeth - compensatory curves.
  - Centric relation & Centric occlusion - protrusive & lateral occlusion
  - Clinical significance of normal occlusion.
  - Introduction & classification of Malocclusion.

## **II. ORAL EMBRYOLOGY**

- i. Brief review of development of face, jaw, lip, palate & tongue, with applied aspects.
- ii. Development of teeth :
  - Epithelial mesenchymal interaction, detailed study of different stages of development of crown root & supporting tissues.
  - Applied aspects of disorders in development of teeth.
- iii. Eruption of deciduous & Permanent teeth :
  - Mechanisms in tooth eruption, different theories & histology of eruption, formation of dentogingival junction, role of gubernacular cord in eruption of permanent teeth.
  - Clinical applied aspects of disorders of eruption
- iv. Shedding of teeth :
  - Factors & mechanism of shedding of deciduous teeth .
  - Complications of shedding

## **III. ORAL HISTOLOGY:**

Detailed microscopic study of Enamel, Dentine, Cementum Pulp tissue. Age changes & Applied aspects (Clinical and forensic significance) of histological considerations – Fluoride applications, transparent dentine, dentine hypersensitivity, reaction of pulp tissue to varying insult to exposed dentine; Pulp calcifications & Hypercementosis.

Detailed microscopic study of Periodontal ligament & alveolar bone, age changes, histological changes in periodontal ligament & bone in normal & orthodontic tooth movement, applied aspects of alveolar bone resorption.

Detailed microscope study of Oral Mucosa, variations in structure in relation to functional requirements, mechanisms of keratinization, clinical parts of gingiva, Dentogingival & Mucocutaneous junction & lingual papillae. Age changes & clinical considerations.

Salivary Glands :

- Detailed microscopic study of acini & ductal system
- Age changes & clinical considerations.

Temporomandibular Joint :

- Review of basic anatomical aspects & microscopic study & clinical considerations

Maxillary Sinus :

- Microscopic study, anatomical variations, functions & clinical relevance of maxillary sinus in dental practice.

Processing of Hard & soft tissues for microscopic study :

- Ground sections, decalcified sections & routine staining procedures.

Basic histochemical staining patterns of oral tissues.

#### **IV. ORAL PHYSIOLOGY:**

Saliva

- Composition of saliva – Variations, formation of saliva & mechanisms of secretion, salivary reflexes, brief review of secretomotor pathway, functions, role of saliva in dental caries & applied aspects of hyper & hypo salivation.

Mastication :

- Masticatory force & its measurement – need for mastication, peculiarities of masticatory muscles, masticatory cycle, masticatory reflex & neural control of mastication.

Deglutition :

- Review of the steps in deglutition, swallowing in infants, neural control of deglutition & dysphagia.

Calcium , Phosphorous & fluoride metabolism :

- Source, requirements, absorption, distribution, functions & excretion, clinical considerations, Hypo & hyper phosphatemia & fluorosis.

Theories of Mineralization :

- Definition, mechanisms, theories & their drawbacks.
- Applied aspects of physiology of mineralization, pathological considerations –calculus formation.

Physiology of Taste :

- Innervation of taste buds, pathway, physiologic basis of taste sensation, age changes & applied aspects – taste disorders.

Physiology of Speech :

- Review of basic anatomy of larynx & vocal cords.
- Voice production, resonators, production of vowels & different consonants – Role of palate, teeth & tongue.
- Effects of dental prosthesis & appliances on speech & basic speech disorders.

RECOMMENDED TEXT BOOKS:

1. Orban 's Oral Histology & Embryology – S. N. Bhaskar
2. Oral Development & Histology – James & Avery
3. Wheeler,s Dental Anatomy, Physiology & Occlusion – Major. M. Ash
4. Dental Anatomy – its relevance to dentistry – woelfel & Scheid
5. Applied Physiology of the mouth – Lavelle
6. Physiology & Biochemistry of the mouth -Jenkins

## **SYLLABUS FOR 2<sup>nd</sup> BDS**

- 1. General Pathology & Microbiology**
- 2. General and Dental Pharmacology and therapeutics**
- 3. Dental Materials**
- 4. Pre-Clinical Conservative Dentistry – Only practical and  
Viva Voice**
- 5. Pre-Clinical Prosthodontics – Only Practical and Viva Voice**

## GENERAL PATHOLOGY

### AIM:

At the end of the course the student should be competent to apply the scientific study of disease process, which result in morphological and functional alterations in cells, tissues and organs to the study of pathology and the practice of dentistry.

### OBJECTIVES:

Enabling the student

1. To demonstrate and apply basic facts, concepts and theories in the field of pathology.
2. To recognize and analyze pathological changes at macroscopic and microscopic levels and explain their observations in terms of disease processes.
3. To Integrate knowledge from the basic sciences, clinical medicine and dentistry in the study of Pathology.
4. To demonstrate understanding of the capabilities and limitations of morphological pathology in its contribution to medicine, dentistry and biological research.
5. To demonstrate ability to consult resource materials outside lectures, laboratory and tutorial classes.

### COURSE CONTENT:

#### a) **General Pathology:**

1. Introduction to Pathology: Terminologies, The cell in health, The normal cell structure, The cellular functions.
2. Etiology and Pathogenesis of Disease: Cell Injury, Types – congenital, Acquired. Mainly Acquired causes of disease: (Hypoxic injury, chemical injury, physical injury, immunological injury)
3. Degenerations: Amyloidosis, Fatty change, Cloudy swelling, Hyaline change, mucoid degeneration.
4. Cell death & Necrosis: Apoptosis, Definition, causes, features and types of necrosis. Gangrene – Dry, wet, gas gangrene. Pathological Calcifications (Dystrophic and metastatic)
5. Inflammation: Definition, causes, types, and features. Acute inflammation: The vascular response, The cellular response, Chemical mediators, The inflammatory cells, Fate . Chronic inflammation: Granulomatous inflammation.
6. Healing: Regeneration. Repair: Mechanisms, Healing by primary intention, Healing by secondary intention, Fracture healing, Factors influencing healing process, Complications.

7. Tuberculosis: Epidemiology, Pathogenesis (Formation of tubercle), Pathological features of Primary and secondary TB, Complications and Fate.
8. Syphilis: Epidemiology, Types and stages of syphilis, Pathological features, Diagnostic criteria, Oral lesions.
9. Typhoid: Epidemiology, Pathogenesis, Pathological features, Diagnostic criteria.
10. Thrombosis: Definition, Pathophysiology, Formation, complications & Fate of a thrombus.
11. Embolism: Definition, Types, Effects.
12. Ischaemia and infarction: Definition, etiology, types. Infarction of various organs.
13. Derangements of body fluids: Oedema – pathogenesis, Different types.
14. Disorders of circulation: Hyperaemia, Shock.
15. Nutritional Disorders: Common Vitamin Deficiencies.
16. Immunological mechanisms in disease: Humoral & cellular immunity, Hypersensitivity & autoimmunity.
17. AIDS and Hepatitis.
18. Hypertension: Definition, classification, Pathophysiology, Effects in various organs.
19. Diabetes Mellitus: Definition, Classification, Pathogenesis, Pathology in different organs.
20. Adaptive disorders of growth: Atrophy & Hypertrophy, Hyperplasia, Metaplasia and Dysplasia.
21. General Aspects of neoplasia
  - Definition, terminology, classification
  - Differences between benign and malignant neoplasms
  - The neoplastic cell
  - Metastasis
  - Etiology and pathogenesis of neoplasia, Carcinogenesis
  - Tumour biology
  - Oncogenes and anti-oncogenes
  - Diagnosis
  - Precancerous lesions
  - Common specific tumours, Squamous papilloma and Carcinoma, Basal cell Carcinoma, Adenoma &
  - Adeno Carcinoma, Fibroma & Fibrosarcoma, Lipoma and liposarcoma.



## **b) Systemic Pathology:**

22. Anaemias: Iron Deficiency anaemia, Megaloblastic anaemia, Refractory Anaemia, Sickle Cell Anaemia, Thalassemia.
23. Leukaemias: Acute and chronic leukaemias, Diagnosis and clinical features.
24. Diseases of Lymph nodes: Hodgkin's disease, Non Hodgkins lymphoma, Metastatic carcinoma.
25. Diseases of oral cavity: Lichen planus, Stomatitis, Leukoplakia, Squamous cell Carcinoma, Dental caries, Dentigerous cyst, Oral Thrush, Ameloblastoma.
26. Diseases of salivary glands: Normal structure, Sialadenitis, Tumours.
27. Common diseases of Bones: Osteomyelitis, Metabolic bone diseases, Bone Tumours, Osteosarcoma, Osteoclastoma, Giant cell Tumour, Ewings sarcoma, Fibrous dysplasia, Aneurysmal bone cyst..
28. Diseases of Cardiovascular system: Cardiac failure, Congenital heart disease – ASD, VSD, PDA, Fallot's Tetralogy, Infective Endocarditis, Atherosclerosis, Ischaemic heart Disease.
29. Haemorrhagic Disorders: Coagulation cascade, Coagulation disorders, Platelet function, Platelet disorders

## **PRACTICALS**

1. Urine – Abnormal constituents  
- Sugar, albumin, ketone bodies
2. Urine – Abnormal constituents  
- Blood, bile salts, bile pigments
3. Haemoglobin (Hb) estimation
4. Total WBC count
5. Differential WBC Count
6. Packed cell volume (PCV), Erythrocyte sedimentation Rate (ESR)
7. Bleeding Time & clotting Time.
8. Histopathology: Tissue Processing, Staining.
9. Histopathology slides: Acute appendicitis, Granulation tissue, fatty liver.
10. Histopathology slides: CV lung, CVC liver, Kidney amyloidosis.
11. Histopathology slides: Tuberculosis, Actinomycosis, Rhinosporidiosis.
12. Histopathology slides: Papilloma, Basal cell Carcinoma, Squamous cell Carcinoma.
13. Histopathology Slides: Osteosarcoma, osteoclastoma, Adenoma
14. Histopathology slides: Malignant melanoma, Ameloblastoma, Adenoma
15. Histopathology slides: Mixed parotid tumour, metastatic carcinoma in lymph node

### **List of Textbooks**

1. Robbins – Pathologic Basis of Disease Cotran, Kumar, Robbins
2. Anderson's Pathology Vol.1 & 2 Editors – Ivan Damjanov & Jams Linder
3. Wintrobe's clinical Haematology Lee, Bithell, Foerster, Athens, Lukens.

## MICROBIOLOGY

### AIM:

To introduce the students to the exciting world of microbes. To make the students aware of various branches of Microbiology, importance, significance and contribution of each branch to mankind and other fields of medicine. The objectives of teaching Microbiology can be achieved by various teaching techniques such as :

Lectures, Lecture Demonstrations, Practical exercises, Audio visual aids, and Small group discussions with regular feed back from the students.

### OBJECTIVES:

#### a) KNOWLEDGE AND UNDERSTANDING:

At the end of the Microbiology course, the student is expected to:

- Understand the basics of various branches of Microbiology and be able to apply the knowledge relevantly.
- Apply the knowledge gained in related medical subjects like General Medicine and General Surgery and Dental subjects like Oral Pathology, Community Dentistry, Periodontics, Oral Surgery, Pedodontics, Conservative Dentistry and Oral medicine in higher classes.
- Understand and practice various methods of sterilisation and disinfection in dental clinics.
- Have a sound understanding of various infectious diseases and lesions in the oral cavity.

#### b) SKILLS:

1. Student should have acquired the skill to diagnose, differentiate various oral lesions.
2. Should be able to select, collect and transport clinical specimens to the laboratory.
3. Should be able to carry out proper aseptic procedures in the dental clinic.

### COURSE CONTENT:

#### a) GENERAL MICROBIOLOGY:

- History, Introductions, Scope, Aims and Objectives.
- Morphology and Physiology of bacteria.
- Detailed account of Sterilisation and Disinfection.

- Brief account of Culture media and Culture techniques.
- Basic knowledge of selection, collection, transport and processing of clinical Specimens and identification of bacteria.
- Bacterial Genetics and Drug Resistance in bacteria.

b) IMMUNOLOGY:

- Infection – Definition, Classification, Source, Mode of transmission and types of infectious disease.
- Immunity
- Structure and functions of Immune system.
- The Complement System
- Antigens
- Immunoglobulins – Antibodies – General structure and the role played in defense mechanism of the body.
- Immune response
- Antigen – Antibody reactions – with reference to clinical utility in dental diseases and periodontal diseases.
- Immuno deficiency disorders – a brief knowledge of various types of immuno deficiency disorders – A sound knowledge of immuno deficiency disorders relevant to dentistry.
- Hypersensitivity reactions
- Autoimmune disorders – Basic knowledge of various types – sound knowledge of autoimmune disorders of oral cavity and related structures.
- Immunology of Transplantation and Malignancy.
- Immunohaematology

c) SYSTEMATIC BACTERIOLOGY:

- Pyogenic cocci – Staphylococcus, Streptococcus, Pneumococcus, Gonococcus, Meningococcus – brief account of each coccus – detailed account of mode of spread, laboratory diagnosis, Chemo therapy and prevention – Detailed account of Cariogenic Streptococci.
- Corynebacterium diphtheriae – mode of spread, important clinical features, Laboratory diagnosis, Chemotherapy and Active immunization.
- Mycobacteria – Tuberculosis and Leprosy
- Clostridium – Gas gangrene, food poisoning and tetanus.
- Non-sporing Anaerobes – in brief about classification and morphology, in detail about dental pathogens – mechanism of disease production and prevention.
- Spirochaetes – Treponema pallidum – detailed account of Oral Lesions of syphilis, Borrelia vincentii.
- Actinomycetes.

d) VIROLOGY:

- Introduction
- General properties, cultivation, host – virus interaction with special reference to Interferon.
- Brief account of Laboratory diagnosis, Chemotherapy and immuno prophylaxis in general.
- A few viruses of relevance to dentistry.
  - Herpes Virus
  - Hepatitis B Virus – brief about other types
  - Human Immunodeficiency Virus (HIV)
  - Mumps Virus
  - Brief – Measles and Rubella Virus
- Bacteriophage – structure and Significance

e) MYCOLOGY

- Brief Introduction
- Candidiasis – in detail
- Briefly on oral lesions of systemic mycoses.

f) PARASITOLOGY:

- Brief introduction – protozoans and helminthes
- Brief knowledge about the mode of transmission and prevention of common parasitic infections in the region.

RECOMMENDED BOOKS FOR REGULAR READING:

1. Text book of Microbiology – R.Ananthanarayan & C.K.Jayaram Paniker.
2. Medical Microbiology – David Greenwood etal.

BOOKS FOR FURTHER READING / REFERENCE.

- i. Microbiology – Prescott, etal.
- ii. Microbiology – Bernard D.Davis, etal.
- iii. Clinical & Pathogenic Microbiology – Barbara J Howard, etal.
- iv. Mechanisms of Microbial diseases – Moselio Schaecter, etal.
- v. Immunology an Introduction – Tizard
- vi. Immunology 3<sup>rd</sup> edition – Evan Roitt, etal.

## **GENERAL AND DENTAL PHARMACOLOGY AND THERAPEUTICS**

### **AIM:**

The broad goal of teaching under graduate students in pharmacology is to inculcate rational and scientific basis of therapeutics keeping in view of dental curriculum and Profession.

### **OBJECTIVES:**

At the end of the course the student shall be able to:

- Describe the pharmacokinetics and pharmacodynamics of essential and commonly used drugs in general and in dentistry in particular.
- List the indications, contraindications; interactions, and adverse reactions of commonly used drugs with reason.
- Tailor the use of appropriate drugs in disease with consideration to its cost, efficacy, safety for individual and mass therapy needs.
- Indicate special care in prescribing common and essential drugs in special medical situations such as pregnancy, lactation, old age, renal, hepatic damage and immuno compromised patients.
- Integrate the rational drug therapy in clinical pharmacology.
- Indicate the principles underlying the concepts of “Essential drugs”.

### **SKILLS:**

At the end of the course the student shall be able to:

1. Prescribe drugs for common dental and medical ailments.
2. Appreciate adverse reactions and drug interactions of commonly used drugs.
3. Observe experiments designed for study of effects of drugs.
4. Critically evaluate drug formulations and be able to interpret the clinical pharmacology of marketed preparations commonly used in dentistry.
5. INTEGRATION: Practical knowledge of use of drugs in clinical practice will be acquired through integrated teaching with clinical departments.

## **COURSE CONTENT:**

### **I. GENERAL PHARMACOLOGY**

1. General principles of pharmacology; sources and nature of drugs; dosage forms; prescription writing; pharmacokinetics (absorption, distribution, metabolism and excretion of drugs), mode of action of drugs, combined effects of drugs, receptor mechanism of drug action, factors modifying drug response, adverse drug reactions; drug interactions, Implications of General Principles in clinical dentistry.
2. CNS drugs; General anaesthetics, hypnotics, analgesics, psychotropic drugs, antiepileptics, muscle relaxants, local anaesthetics, Implications of these drugs in clinical dentistry.
3. Autonomic drugs; sympathomimetics, antiadrenergic drugs parasympathomimetics and parasympatholytics, Implications of Autonomic drugs in clinical dentistry.
4. Cardiovascular drugs; Cardiac stimulants; antihypertensive drugs, vasopressor agents, treatment of shock, Antianginal agents and diuretics, Implications of these drugs in clinical dentistry.
5. Autocoids:  
Histamine, antihistamines, prostaglandins, leukotrienes and bronchodilators, Implications of Autocoids in clinical dentistry.
6. Drugs acting on blood: coagulants and anticoagulants, hematinics, Implications of these drugs in clinical dentistry.
7. G.I.T. Drugs, Purgatives, anti-diarrhoeal, antacids, anti-emetics, Implications of these drugs in clinical dentistry.
8. Endocrines; Emphasis on treatment of diabetes and glucocorticoids, thyroid and antithyroid agents, drugs affecting calcium balance and anabolic steroids, Implications of these drugs in clinical dentistry.
9. Chemotherapy: Antimicrobial agents (against bacteria, anaerobic infections, fungi, virus and broad spectrum). Infection management in dentistry. Pharmacotherapy of Tuberculosis, leprosy and chemotherapy of malignancy in general. Implications of Chemotherapy in clinical dentistry.
10. Vitamins: Water soluble vitamins, Vit.D, Vit.K. and Vit.E, Implications of Vitamins in clinical dentistry.
11. Pharmacotherapy of emergencies in dental office and emergency drugs tray. Implications of Pharmacotherapy in clinical dentistry.
12. Chelating agents – BAL, EDTA and desferrioxamine.

## II. DENTAL PHARMACOLOGY

1. Anti – septic; astringents, obtundents, mummifying agents, bleaching agents, styptics, disclosing agents, dentifrices, mouth washes, caries and fluorides.
2. Pharmacotherapy of common oral conditions in dentistry.

### PRACTICALS AND DEMONSTRATIONS:

- To familiarise the student with the methodology: prescription writing and dispensing.
- Rationale of drug combinations of marketed drugs.

### LIST OF BOOKS RECOMMENDED FOR READING AND REFERENCE:

1. Bertam G Katzung, Basic and Clinical pharmacology 6<sup>th</sup> ed. Appleton & Lange 1997.
2. Lauerence D.R.Clinical Pharmacology 8<sup>th</sup> ed. Churchill Livingstone 1997.
3. Satoskar R.S. & Bhandarkar S.D., Pharmacology and Pharmacotherapeutics part I & Part II, 13<sup>th</sup> Popular Prakashan Bombay 1993.

## **DENTAL MATERIALS**

### **AIM:**

The science of Dental materials has undergone tremendous change over the years. Continued research has led to new material systems and changing concepts in the dental field. Interlinked with various specialised branches of chemistry, practically all engineering applied sciences and biological characteristics, the science of dental materials emerged as a basic science in itself with its own values and principles.

At the end of the course the student should have the knowledge about the composition, properties, manipulative techniques and their various commercial names. The student should also acquire skills to select and use the materials appropriately for laboratory and clinical use.

Aim of the course is to present basic chemical and physical properties of Dental materials to give sound educational background so that the practice of dentistry emerged from an art to empirical status of science as more information through further research becomes available. It is also the aim of the course of Dental materials to provide with certain criteria of selection which will enable the student to discriminate between facts and propaganda with regard to claims of manufacturers.

### **OBJECTIVES:**

At the end of the course, the student should be able to:

- Understand the evolution and development of science of dental material.
- Explain purpose of course in dental materials to personnels concerned with the profession of the dentistry.
- Knowledge of physical and chemical properties.
- Knowledge of biomechanical requirements of particular restorative procedure.
- An intelligent compromise of the conflicting as well as co-ordinating factors into the desired earnest.
- Laying down standards or specifications of various materials to guide to manufacturers as well as to help professionals.
- Speech for newer and better materials which may answer our requirements with greater satisfaction.
- Understand and evaluate the claims made by manufacturers of dental materials.



### **NEED FOR THE COURSE:**

The profession has to rise from an art to a science. The need for the dentist to possess adequate knowledge of materials to exercise his best through knowledge of properties of different types of materials. The growing concern of health hazards due to mercury toxicity, inhalation of certain vapour or dust materials, irritations and allergic reaction to skin due to contact of materials. Materials causing irritation of oral tissues, pH of restorative materials causing inflammation and necrosis of pulp which is a cause for the dentist to possess wider knowledge of physical, chemical and biological properties of materials being used. For the protection of the patient and for his own protection, certain criteria of selection are provided that will enable the dentist to discriminate between facts and propaganda, which will make a material biologically acceptable.

### **SCOPE:**

The dental materials are employed in mechanical procedures including restorative dentistry such as Prosthodontics, endodontics, periodontics, orthodontics and Restorative Dentistry. There is scarcely a dental procedure that does not make use of dental materials in one form or another and therefore the application of dental material is not limited to any one branch of dentistry. Branches such as minor surgery and periodontics require less use of materials but the physical and chemical character of materials are important in these fields.

The toxic and tissue reaction of dental materials and their durability in the oral cavity where the temperature is between 32 & 37 degree centigrade, and the ingestion of hot or cold food ranges from 0-70 degree centigrade. The acidity and alkalinity of fluids shows pH variation from 4 to 8.5. The load on 1 sq. mm of tooth or restorative materials can reach to a level as high as many kilograms. Thus the biological properties of dental materials cannot be separated from their physical and chemical properties.

### **COURSE CONTENT:**

1) PERFORMANCE STANDARDS FOR DENTAL MATERIALS

2) STRUCTURE OF MATTER AND PRINCIPLES OF ADHESION: Change of state, inter atomic primary bonds, inter atomic secondary bonds, inter atomic bond distance and bonding energy, thermal energy, crystalline structure, non crystalline structures, diffusion, adhesion and bonding and adhesion to tooth structures.

3) IMPORTANT PHYSICAL PROPERTIES APPLICABLE TO DENTAL MATERIALS: Physical properties based on laws of mechanics, acoustics, optics, thermodynamics, electricity, magnetism, radiation, atomic structure or nuclear phenomena. Hue, value, chroma and translucency, physical properties based on laws of optics, dealing with

phenomena of light, vision and sight. Thermal conductivity & coefficient of thermal expansion are physical properties based on laws of thermodynamics. Stress, strain, proportional limit, elastic limit, yield strength, modulus of elasticity, flexibility, resilience, impact, impact strength, permanent deformation, strength, flexure strength fatigue, static fatigue, toughness, brittleness, ductility & malleability, hardness, abrasion resistance, relaxation, rheology, Thixotropic, creep, static creep, dynamic creep, flow, colour, three dimensional colour – hue values, chroma, Munsell system, metamerism, fluorescence, physical properties of tooth, stress during mastication.

#### 4). BIOLOGICAL CONSIDERATIONS IN USE OF DENTAL MATERIALS:

Materials used with the knowledge of appreciation of certain biological considerations for use in oral cavity. Requirement of materials with biological compatibility. Classification of materials from perspective of biological compatibility eg. contact with soft tissues, affecting vitality of pulp, used for root canal fillings, affecting hard tissues of teeth, laboratory materials that could accidentally be inhaled or ingested during handling. Hazards associated with materials: pH-affecting pulp, polymers causing chemical irritation, mercury toxicity, etc. Microleakage, Thermal changes, Galvanism, toxic effect of materials. Biological evaluation for systemic toxicity, skin irritation, mutagenicity and carcinogenicity. Disinfection of dental materials for infection control.

#### 5). GYPSUM & GYPSUM PRODUCTS

Gypsum- its origin, chemical formula, Products manufactured from gypsum. Dental plaster, Dental stone, Die stone, high strength, high expansion stone. Application and manufacturing procedure of each, macroscopic and microscopic structure of each – supplied as and Commercial names. Chemistry of setting, setting reaction, theories of setting, gauging water, Microscopic structure of set material. Setting time: working time and setting time, Measurement of setting time and factors controlling setting time. Setting expansion, Hygroscopic setting expansion – factors affecting each Strength: Wet strength, dry strength, factors affecting strength, tensile strength Slurry – need and use.

Care of cast: ADA classification of gypsum products; Description of impression plaster and dental investment; Manipulation including recent methods or advanced methods. Disinfection : infection control, liquids, sprays, radiation; Method of use of disinfectants. Storage of material – shelf life.

6) IMPRESSION MATERIALS USED IN DENTISTRY: Impression plaster, Impression compound, Zinc oxide eugenol impression paste & bite registration paste including non eugenol paste, Hydrocolloids, reversible and irreversible, Elastomeric impression materials. Polysulphide, Condensation silicones, Addition silicones, Polyether, Visible light cure polyether urethane dimethacrylate, Historical background & development of each impression material.

Definition of impression, Purpose of making impression, Ideal properties required and application of material, Classification as per ADA specification, general & individual impression material. Application and their uses in different disciplines, their commercial names, Mode of supply & mode of application bulk / wash impression. Composition, chemistry of setting, Control of setting time, Type of impression trays required, Adhesion to tray, manipulation, instruments & equipments required. Techniques of impression, storage of impression, (Compatibility with cast and die material). Any recent advancements in material and mixing devices. Study of properties: Working time, setting time, flow, accuracy, strength, flexibility, tear strength, dimensional stability, compatibility with cast & die material, electroplating. Biological properties: tissue reaction, Shelf life & storage of material, Infection control – disinfection, Advantages & disadvantages of each material.

#### 7) SYNTHETIC RESINS USED IN DENTISTRY:

- a) History: Historical background and development of material, Denture base materials and their classification and requirement. Classification of resins. Dental resins – requirements of dental resins, applications, polymerization, polymerization mechanism, stages in addition polymerization, inhibition of polymerization, co polymerization, molecular weight, crosslinking, plasticizers, physical properties of polymers, polymer structures, types of resins.
- b) Acrylic Resins: Mode of polymerization: Heat activated, Chemically activated, Light activated, Mode of supply, application, composition, polymerization reaction of each. Technical consideration: Methods of manipulation for each type of resin. Physical properties of denture base resin. Miscellaneous resins & techniques: Repair resins, Relining and rebasing. Short term and long-term soft-liners, temporary crown and bridge resin, Resin impression trays, Tray materials, Resin teeth, materials in maxillofacial prosthesis, Denture cleansers, Infection control in detail, Biological properties and allergic reactions.
- c) Restorative Resins: Historical background, Resin based restorative materials, Unfilled & filled, Composite restorative materials, Mode of supply, Composition, Polymerization mechanisms: Chemically activated, Light activated, Dual cure: Degree of conversion, Polymerization shrinkage Classification of Composites: Application, composition and properties of each Composites of posterior teeth, Prosthodontics resins for veneering. Biocompatibility – microleakage, pulpal reaction, pulpal protection, Manipulation of composites: Techniques of insertion of Chemically activated, light activated, dual cure Polymerization, Finishing and polishing of restoration, Repair of composites. Direct Bonding: Need for bonding, Acid – etch technique, Enamel bonding, Dentin bonding agents. Mode of bonding, Bond strength, Sandwich technique, its indication and procedure. Extended application for composites: Resins for restoring eroded teeth, Pit and fissure sealing, Resin inlay system – Indirect & direct, Core build up, Orthodontic applications.

## 8) METALS AND ALLOYS:

- a) Structure and behaviour of metals, Solidification of metals, mechanism of crystallisation amorphous & crystalline. Classification of alloys, Solid solutions, Constitutes or equilibrium phase diagrams: Electric alloys, Physical properties of alloys, Solid state reaction, other binary systems: Metallography & Heat treatment. Tarnish and corrosion. Definition: causes of corrosion, protection against corrosion., Corrosion of dental restorations, clinical significance of galvanic current. Dental Amalgam (B & D).
- b) History: Definition of dental amalgam, application, Alloy classification, manufacture of alloy powder composition, Commercial names.

Amalgamation: setting reaction & resulting structure, properties, Microleakage, Dimensional stability, Strength, Creep, Clinical performance.

Manipulation: Selection of alloy, proportioning, mechanism of trituration, condensation, carving & finishing. Effect of dimensional changes, Marginal deterioration., Repair of amalgam, mercury toxicity, mercury hygiene. Bonded Amalgam, Zinc Free Alloys.

- c) Direct filling gold: Properties of pure gold, mode of adhesion of gold for restoration, forms of direct filling gold for using as restorative material. Classification: Gold Foil, Electrolytic precipitate, powdered gold. Manipulation: Removal of surface impurities and compaction of direct filling gold. Physical properties of compacted gold, Clinical performance.

- d) Dental casting alloys: Historical background, desirable properties of casting alloys.

Alternatives to cast metal technology: direct filling gold, amalgam, mercury free condensable intermetallic compound – an alternative to metal casting process. CAD-CAM process for metal & ceramic inlays – without need of impression of teeth or casting procedure, pure titanium, bio compatible metals – by copy milling (without casting procedures).

Classification of casting alloys: by function & description.

Recent classification, High noble (HN), Noble (N) and predominantly base metal (PB) Alloys for crown & bridge, metal ceramic & removable partial denture. Composition, function, constituents and application, each alloy both noble and base metal. Properties of alloys: Melting range, mechanical properties, hardness, elongation, modulus of elasticity tarnish and corrosion.

Casting shrinkage and compensation of casting shrinkage. Biocompatibility – Handling hazards & precautions of base metal alloys, casting investments used. Heat treatment: Softening & hardening heat treatment. Recycling of metals. Titanium alloys & their application, properties & advantages. Technical considerations in casting. Heat source, furnaces.

#### 9) DENTAL WAXES INCLUDING INLAY CASTING WAX:

Introduction and importance of waxes. Sources of natural waxes and their chemical nature. Classification of Waxes:

Properties: melting range, thermal expansion, mechanical properties, flow & residual stresses, ductility. Dental Wax: Mode of supply: Classification & composition, Ideal requirements: Properties of inlay wax: Flow, thermal properties Wax distortion & its causes.

Manipulation inlay wax: Instruments & equipment required, including electrically heated instruments, metal tips and thermostatically controlled wax baths.

Other waxes: Applications, mode of supply & properties.

Casting Wax, Base plate wax, Processing wax, Boxing wax, Utility wax, Sticky wax, Impression wax for corrective impressions, Bite registration wax.

#### 10) DENTAL CASTING INVESTMENTS:

Definition, requirements, classification. Gypsum bonded – classification. Phosphate bonded, Silica bonded.

Mode of Supply: Composition, application, setting mechanism, setting time & factors controlling.

Expansions: Setting expansion, Hygroscopic Setting expansion, & thermal expansion: factors affecting. Properties: Strength, porosity, and fineness & storage. Technical considerations: For Casting procedure, Preparation of die, Wax pattern, spruing, investing, control of shrinkage compensation, wax burnout, and heating the invested ring, casting machines, source of heat for melting the alloy. Defects in casting.

#### 11) SOLDERING, BRAZING AND WELDING:

Need of joining dental appliances, Terms & Definition.

Solders: Definition, ideal requirement, types of solders – Soft & hard and their fusion temperature, application. Mode of supply of solders, Composition and selection, Properties. Tarnish & corrosion resistance mechanical properties, microstructure of soldered joint. Fluxes & Anti fluxes: Definition, Function, Types, commonly used fluxes & their selection Technique of Soldering & Brazing: free hand soldering and investment, steps and procedure. Welding: Definition, application, requirements, procedure, weld decay – causes and how to avoid it. Laser welding.

#### 12) WROUGHT BASE METAL ALLOYS:

Applications and different alloys used mainly for orthodontics purpose: Stainless steel, Cobalt chromium nickel, Nickel titanium, Beta titanium.

Properties required for orthodontic wires, working range, springiness, stiffness, resilience, Formability, ductility, ease of joining corrosion resistance, stability in oral environment, bio compatibility.

Stainless steels: Description, type, composition & properties of each type. Sensitisation & stabilization, Mechanical properties – strength, tensile, yield strength, KHN. Braided & twisted wires their need, Solders for stainless steel, Fluxes, Welding.

Wrought cobalt chromium nickel alloys, composition, allocation, properties, heat treatment, physical properties. Nickel – Titanium alloys, shape, memory & super elastic. Titanium alloys, application, composition, properties, welding, Corrosion resistance.

### 13) DENTAL CEMENTS:

Definition & Ideal requirements:

Cements: Silicate, Glass ionomer, metal modified glass ionomer, resin modified glass ionomer, zinc oxide eugenol, modified zinc oxide eugenol, Zinc phosphate, zinc silico phosphate, zinc poly carboxylate, Cavity liners and cement bases, Varnish, Calcium hydroxide, Gutta percha.

Application, Composition, classification (general and individual) setting mechanism, mode of supply, Properties, factors affecting setting, special emphasis on critical procedures of manipulation and protection of cement, mode of adhesion, biomechanism of caries inhibition.

Agents for pulpal protection., Modifications and recent advances, Principles of cementation. Special emphasis on cavity liners and cement bases and luting agents.

### 14) DENTAL CERAMICS:

Historical background & General applications.

Dental ceramics: definition, classification, application, mode of supply, Composition, manufacturing procedure, methods of strengthening. Properties of fused ceramic: Strength and factors affecting, modulus of elasticity, surface hardness, wear resistance, thermal properties, specific gravity, chemical stability, esthetic properties, biocompatibility, technical considerations.

Metal Ceramics (PFM): Alloys – Types and composition of alloys. Ceramic – Type and Compositions.

Metal Ceramic Bond – Nature of bond. Bonding using electro deposition, foil copings, bonded platinum foil, swaged gold alloy foil coping. Technical considerations for porcelain and porcelain fused metal restorations. Recent advances – all porcelain restorations, Manganese core, injection moulded, castable ceramics, glass infiltrated alumina core ceramic (In ceram), ceramic veneers, inlays and onlays, and CAD – CAM ceramic. Chemical attack of ceramic by fluoride. Porcelain furnaces.

#### 15) ABRASION & POLISHING AGENTS:

Definition of abrasion and polishing. Need of abrasion and polishing. Types of abrasives: Finishing, polishing & cleaning. Types of abrasives: Diamond, Emery, aluminum oxides garnet, pumice, Kieselgurh, Tripoli, rouge, tin oxide, chalk, chromic oxide, sand, carbides, diamond, zirconium silicate, Zinc oxide.

Abrasive Action: Desirable characteristics of an abrasive, Rate of abrasion, Size of particle, pressure and speed.

Grading of abrasive & polishing agents. Binder, Polishing materials & procedures used. Technical consideration – Material and procedure used for abrasion and polishing Electrolytic polishing and burnishing.

#### 16) DIE AND COUNTER DIE MATERIALS INCLUDING ELECTROFORMING AND ELECTROPOLISHING:Types – Gypsum products, Electroforming, Epoxy resin, Amalgam.

#### 17) DENTAL IMPLANTS:

History, Classifications, Components, Implant Materials, metals, Ceramics & Ceramic coators, Polymers, C & sic, Biocompatibility of Implants, Biomechanics.

#### 18) MECHANICS OF CUTTING:

Burs and points Types, Factors affecting cutting Efficiency.

#### **RECOMMENDED BOOKS:**

1. Phillips Science of Dental Materials – 10<sup>th</sup> edn. – Kenneth J.Anusavice.
2. Restorative Dental Materials – 10 edn. Robert G.Craig.
3. Notes on Dental Materials – E.C. Combe

## PRE-CLINICAL CONSERVATIVE DENTISTRY (ONLY PRACTICAL AND VIVA VOCE)

1. Identification and study of handcutting instruments, chisels, gingival marginal trimmers, excavators and hatchet.
2. Identification and use of rotary cutting instruments contra angle hand pieces, burs (Micromotor).
3. Preparation of class I and extended class I and II and MOD's and class V amounting to 10 exercises in plaster models.
4. 12 Exercises in mounted extracted teeth as under

Class I	----	4
Extended Class I	----	2
Class II	----	4
Class V	----	2

Cavity Preparation, base application, Matrix and wed placement, Restoration with Amalgam.
5. Exercise on phantom head models which includes cavity preparation, base and varnish application, matrix and wedge placement followed by amalgam restoration.

Class I	5
Class I with extension	2
Class II	10
Class II Moods	2
Class V and III for glass ionomers	4
Class V for amalgam	2
2. Polishing of above restorations.
3. Demonstration of class III and Class V cavity preparation. For composites on extracted tooth completing the restoration.
4. Polishing and finishing of the restoration of composites.
5. Identification and manipulation of various bases like Zinc Phosphate, Poly carboxylate, Glass Ionomers, Zinc Oxide, Eugenol cements.
6. Identification and manipulation of various matrices, tooth separators and materials like composites and modified glass ionomer cements.
7. Cast Restoration
  - Preparation of Class II inlay cavity
  - Fabrication of wax pattern
  - Investing of wax pattern
  - Finishing and cementing of class II inlay in extracted tooth.
8. Endodontics
  - Identification of basic endodontic instruments
  - Coronal access cavity preparation on extracted upper central incisors
  - Determination working length.
  - Biomechanical preparation of root canal space of central incisor
  - Obturation of root canal spaces.
  - Closure of access cavity.



**PRE-CLINICAL PROSTHODONTICS  
(ONLY PRACTICAL AND VIVA VOCE)**

**A. EXERCISES IN COMPLETE DENTURES**

1. Study of Anatomical land marks of Maxillary & Mandibular Edentulous foundations.
2. Making of preliminary impressions using impression compound
  - a. Maxillary
  - b. Mandibular
3. Preparation of casts by
  - a. Inversion method
  - b. Beading and boxing
4. Preparation of special tray Using tray acrylic
5. Preparation of Occlusion Rims
6. Transfer of Jaw relations and securing the jaw relations to the Articulator
7. Selection and arrangement of teeth
8. Waxing & Carving
9. Processing of dentures
  - a. Flasking
  - b. Dewaxing
  - c. Packing
  - d. Curing
  - e. Deflasking & Lab remounting
  - f. Finishing & Polishing
  - g. Repair of Dentures
10. Arrangement of teeth for normognathic jaw relation – 10 arrangements

**B. EXERCISES IN REMOVABLE CAST PARTIAL DENTURES:**

1. Study of definitions and components of cast partial denture
2. Classification of Partially Edentulous Arches
3. Components of Removable Partial Denture, types and functions.

**C. EXERCISES IN FIXED PARTIAL DENTURES:**

1. Definitions in Fixed Partial Denture
2. Components of Fixed Partial Dentures
3. Classification of Crown and Bridges
4. Functions of each components of Fixed Partial Denture

**D. PERIODICALLY VIVA – VOCE TO BE CONDUCTED IN THE ABOVE TOPICS :**

## **SYLLABUS FOR 3<sup>rd</sup> BDS**

- 1. General Medicine**
- 2. General Surgery**
- 3. Oral Pathology and Microbiology**

## GENERAL MEDICINE

Special emphasis should be given throughout the course on the importance of various diseases as applicable to dentistry.

1. Special precautions / contraindication of anaesthesia and various dental procedures in different systemic diseases.
2. Oral manifestations of systemic diseases.
3. Medical emergencies in dental practice.

A dental student should be taught in such a manner he / she is able to record the arterial pulse, blood pressure and be capable of suspecting by sight and superficial examination of the body – diseases of the heart, lungs, kidneys, blood etc. He should be capable of handling medical emergencies encountered in dental practice.

### COURSE CONTENT:

CORE TOPICS (Must Know)	COLLATERAL TOPICS (Desirable to Know)
1 Aims of medicine: Definitions of signs, symptoms, diagnosis, differential diagnosis, treatment & prognosis.	
2 <u>Infections</u> Enteric fever, AIDS, herpes simplex, herpes zoster, syphilis, diphtheria.	Infectious mononucleosis, mumps, measles, rubella, malaria.
3 <u>G.I.T</u> Stomatitis, gingival hyperplasia, dysphagia, acid peptic disease, jaundice, acute and chronic hepatitis, cirrhosis of liver, ascites.	Diarrhea Dysentery Amoebiasis Malabsorption
4 <u>CVS</u> Acute rheumatic fever, rheumatic valvular heart disease, hypertension, ischemic heart disease, infective endocarditis, common arrhythmias, congenital heart disease, congestive cardiac failure.	
5 <u>RS</u> Pneumonia, COPD, Pulmonary TB, Bronchial asthma.	Lung Abscess Pleural effusion Pneumothorax Bronchiectasis Lung cancers.

6	<u>Hematology</u> Anemias, bleeding & clotting disorders, leukemias, lymphomas, agranulocytosis, splenomegaly, oral manifestations of hematologic disorders, generalized lymphadenopathy.	
7	<u>Renal System</u> Acute nephritis Nephrotic syndrome	Renal failure
8	<u>Nutrition</u> Avitaminosis	Balanced diet PEM
9	<u>CNS</u> Facial palsy, facial pain including trigeminal neuralgia, epilepsy, headache including migraine.	- Meningitis - Examination of comatose patient - Examination of cranial nerves.
10	<u>Endocrines</u> Diabetes Mellitus, Acromegaly, Hypothyroidism, Thyrotoxicosis, Calcium metabolism and parathyroids.	Avitaminosis Addison's disease, Cushing's syndrome.
11	<u>Critical care</u> Syncope, cardiac arrest, CPR, shock	Acute LVF ARDS

### **CLINICAL TRAINING:**

The student must be able to take history, do general physical examination (including build, nourishment, pulse, BP, respiration, clubbing, cyanosis, jaundice, lymphadenopathy, oral cavity) and be able to examine CVS, RS and abdomen and facial nerve.

### **Text Books Recommended:**

- a. Hutchison's Clinical Method
- b. Davidson's Principles and practice of Medicine.
- c. Latest edition of Kumar & Clark's Clinical Medicine.

### **Reference Book:**

Harrison's Principles of Medicine

## **GENERAL SURGERY**

### **AIM:**

To acquaint the student with various diseases, which may require surgical expertise and to train the student to analyse the history and be able to do a thorough physical examination of the patient. The diseases as related to head and neck region are to be given due importance, at the same time other relevant surgical problems are also to be addressed. At the end of one year of study the student should have a good theoretical knowledge of various ailments, and be practically trained to differentiate benign and malignant diseases and be able to decide which patient requires further evaluation.

### **COURSE CONTENT:**

#### **1. HISTORY OF SURGERY:**

The development of surgery as a speciality over the years, will give the students an opportunity to know the contributions made by various scientists, teachers and investigators. It will also enable the student to understand the relations of various specialities in the practice of modern surgery.

#### **2. GENERAL PRINCIPLES OF SURGERY:**

Introduction to various aspects of surgical principles as related to orodental diseases. Classification of diseases in general. This will help the student to understand the various diseases, their relevance to routine dental practice.

#### **3. WOUNDS:**

Their classification, wound healing, repair, treatment of wounds, medico-legal aspects of accidental wounds and complications of wounds.

#### **4. INFLAMMATION:**

Inflammation of soft and hard tissues. Causes of inflammation, varieties, treatment and sequelae.

#### **5. INFECTIONS:**

Acute and chronic abscess, skin infections, cellulites, carbuncle, and erysipelas. Specific infections such as tetanus, gangrene, syphilis, gonorrhoea, tuberculosis, Actinomycosis, Vincents angina, cancrum oris, pyaemia, toxemia and septicaemia.

#### **6. TRANSMISSIBLE VIRAL INFECTIONS:**

HIV and Hepatitis B with special reference to their prevention and precautions to be taken in treating patients in a carrier state.

#### 7. SHOCK AND HAEMORRHAGE:

Classification, causes, clinical features and management of various types of shock. Syncope, Circulatory collapse. Haemorrhage – different types, causes, clinical features and management. Blood groups, blood transfusion, precautions and complication of blood and their products. Hemophilias, their transmission, clinical features and management especially in relation to minor dental procedures.

#### 8. TUMOURS, ULCERS, CYSTS, SINUS AND FISTULAE:

Classification, clinical examination and treatment principles in various types of benign and malignant tumours, ulcers, cysts, sinus and fistulae.

#### 9. DISEASES OF LYMPHATIC SYSTEM:

Especially those occurring in head and neck region. Special emphasis on identifying diseases such as tubercular infection, lymphomas, leukemias, metastatic lymph node diseases.

#### 10. DISEASES OF THE ORAL CAVITY:

Infective and malignant diseases of the oral cavity and oropharynx including salivary glands with special emphasis on preventive aspects of premalignant and malignant diseases of the oral cavity.

#### 11. DISEASES OF LARYNX, NASOPHARYNX:

Infections and tumours affecting these sites. Indications, procedure and complications of tracheostomy.

#### 12. NERVOUS SYSTEM:

Surgical problems associated with nervous system with special reference to the principles of peripheral nerve injuries, their regeneration and principles of treatment. Detailed description of afflictions of facial nerve and its management. Trigeminal neuralgia, its presentation and treatment.

#### 13. FRACTURES:

General principles of fractures, clinical presentation and treatment with additional reference to newer methods of fracture treatment. Special emphasis on fracture healing and rehabilitation.

#### 14. PRINCIPLES OF OPERATIVE SURGERY:

Principles as applicable to minor surgical procedures including detailed description of asepsis, antiseptics, sterilization, principles of anaesthesia and principles of tissue replacement. Knowledge of sutures, drains, diathermy, cryosurgery and use of Laser in surgery.

**15. ANOMALIES OF DEVELOPMENT OF FACE:**

Surgical anatomy and development of face. Cleft lip and cleft palate-principles of management.

**16. DISEASES OF THYROID AND PARATHYROID:**

Surgical anatomy, pathogenesis, clinical features and management of dysfunction of thyroid and parathyroid glands. Malignant diseases of the thyroid-classification, clinical features and management.

**17. SWELLINGS OF THE JAW:**

Differential diagnosis and management of different types of swellings of the jaw.

**18. BIOPSY:**

Different types of biopsies routinely used in surgical practice.

Skills to be developed by the end of teaching is to examine a routine swelling, ulcer and other related diseases and to perform minor surgical procedures such as draining an abscess, taking a biopsy etc.

**Recommended Books:**

1. Short Practice of Surgery by Bailey & Love.
2. Principles of Surgery by Schwartz
3. Text Book of Surgery by Sabiston
4. Text Book of Surgery by Das
5. Manual of Clinical Surgery by Das K.
6. Current Surgical Diagnosis & Treatment by Lawrence.
7. Manual of Surgery by Dr.G.Lakshmana prasad.

## **ORAL PATHOLOGY & MICROBIOLOGY**

### **OBJECTIVES:**

At the end of Oral Pathology & Oral Microbiology course, the student should be able to comprehend

1. The different types of pathological processes that involve the oral cavity.
2. The manifestations of common diseases, their diagnosis & correlation with clinical pathological processes.
3. An understanding of the oral manifestations of systemic diseases should help in correlating with the systemic physical signs & laboratory findings.
4. The student should understand the underlying biological principles governing treatment of oral diseases.
5. The principles of certain basic aspects of Forensic Odontology.

### **SKILLS:**

1. Microscopic study of common lesions affecting oral tissues through microscopic slides & projection slides.
2. Study of the disease process by surgical specimens.
3. Study of teeth anomalies / polymorphisms through tooth specimens & plaster casts.
4. Microscopic study of plaque pathogens.
5. Study of haematological preparations (blood films) of anaemias & leukemias.
6. Basic exercises in Forensic Odontology such as histological methods of age estimation and appearance of teeth in injuries.

### **COURSE CONTENT:**

#### **1. INTRODUCTION:**

A birds eye view of the different pathological processes involving the oral cavity & oral cavity involvement in systemic diseases to be brought out. Interrelationship between General Medicine & General Surgery & Oral pathology to be emphasized.

#### **2. Developmental disturbances of teeth, jaws and soft tissues of oral & paraoral**

Region:

- Introduction to developmental disturbances – Hereditary, Familial, mutation, Hormonal etc. causes to be highlighted.
- Developmental disturbances of teeth – Etiopathogenesis, clinical features, radiological features & histopathological features as appropriate:-  
The size, shape, number, structure & eruption of teeth & clinical significance of the anomalies to be emphasized.



- Forensic Odontology.
- Developmental disturbances of jaws – size & shape of the jaws.
- Developmental disturbances of oral & paraoral soft tissues – lip & palate – clefts, tongue, gingiva, mouth, salivary glands & face.

### 3. Dental Caries:

Etiopathogenesis, microbiology, clinical features, diagnosis, histopathology, immunology prevention of dental caries & its sequelae.

### 4. Pulp & Periapical Pathology & Osteomyelitis.

- Etiopathogenesis & interrelationship, clinical features, microbiology, histopathology & radiological features (as appropriate) of pulp & periapical lesions & osteomyelitis.
- Sequelae of periapical abscess – summary of space infections, systemic complications & significance.

### 5. Periodontal Diseases:

Etiopathogenesis, microbiology, clinical features, histopathology & radiological features (as appropriate) of gingivitis, gingival enlargements & periodontitis. Basic immunological mechanisms of periodontal disease to be highlighted.

### 6. Microbial infections of oral soft tissues:

Microbiology, defence mechanisms including immunological aspects, oral manifestations, histopathology and laboratory diagnosis of common bacterial, viral & fungal infections namely:-

- Bacterial: Tuberculosis, Syphilis, ANUG & its complications – Cancrum Oris.
- Viral: Herpes Simplex, Varicella Zoster, Measles, Mumps & HIV infection
- Fungal: Candidal infection, Aphthous Ulcers.

### 7. Common non-inflammatory diseases involving the jaws:

Etiopathogenesis, clinical features, radiological & laboratory values in diagnosis of: Fibrous dysplasia, Cherubism, Osteogenesis Imperfecta, Paget's disease, Cleidocranial dysplasia, Rickets, Achondroplasia, Marfan's syndrome & Down's syndrome.

### 8. Diseases of TM Joint:

Ankylosis, summary of different types of arthritis & other developmental malformations, traumatic injuries & myofascial pain dysfunction syndrome.

### 9. Cysts of the Oral & Paraoral region:

Classification, etiopathogenesis, clinical features, histopathology, laboratory & radiological features (as appropriate) of Odontogenic cysts, Non-Odontogenic cysts, Pseudocysts of jaws & soft tissue cysts of oral & paraoral region.

#### 10. Tumours of the Oral Cavity:

Classification of Odontogenic, Non-Odontogenic & Salivary Gland Tumours. Etiopathogenesis, clinical features, histopathology, radiological features & laboratory diagnosis (as appropriate) of the following common tumours:-

- a) Odontogenic – all lesions.
- b) Non-odontogenic
  - Benign Epithelial – Papilloma, Keratoacanthoma & Naevi.
  - Benign Mesenchymal – Fibroma, Aggressive fibrous lesions, Lipoma, Haemangioma, Lymphangioma, Neurofibroma, Schwannoma, Chondroma, Osteoma & Tori
  - Malignant Mesenchymal – Fibrosarcoma, Osteosarcoma, Giant cell Tumour, Chondrosarcoma, Angiosarcoma, Kaposi's sarcoma. Lymphomas, Ewing's sarcoma & Other Reticuloendothelial tumours.
- c) Salivary Gland
  - Benign Epithelial neoplasms – Pleomorphic Adenoma, Warthin's Tumour & Oncocytoma
  - Malignant Epithelial neoplasms – Adenoid Cystic Carcinoma, Mucoepidermoid Carcinoma, Acinic Cell Carcinoma & Adenocarcinomas
- d) Tumours of Disputed Origin – Congenital Epulis & Granular Cell Myoblastoma.
- e) Metastatic tumours – Tumours metastasizing to & from oral cavity & the Routes of metastasis.

#### 11. Traumatic, Reactive & Regressive lesions of Oral Cavity:

- Pyogenic & Giant cell granuloma, exostoses Fibrous Hyperplasia, Traumatic Ulcer & Traumatic Neuroma.
- Attrition, Abrasion, Erosion, Bruxism, Hypercementosis, Dentinal changes, Pulp calcifications & Resorption of teeth.
- Radiation effects of oral cavity, summary of Physical & Chemical injuries including allergic reactions of the oral cavity.
- Healing of Oral wounds & complications – Dry socket.

#### 12. Non neoplastic Salivary Gland Diseases:

- Sialolithiasis, Sialosis, Sialadenitis, Xerostomia & Ptyalism.

#### 13. Systemic Diseases involving Oral cavity:

- Brief review & oral manifestations, diagnosis & significance of common Blood, Nutritional, Hormonal & Metabolic diseases of Oral cavity.

14. Mucocutaneous Lesions:
- Etiopathogenesis, clinical features & histopathology of the following common lesions. Lichen Planus, Lupus Erythematosus, Pemphigus & Pemphigoid lesions, Erythema Multiforme, Psoriasis, Scleroderma, Ectodermal Dysplasia, Epidermolysis bullosa & White spongy nevus.
15. Diseases of the Nerves:
- Facial neuralgias – Trigeminal & Glossopharyngeal. VII nerve paralysis, Causalgia.
  - Psychogenic facial pain & Burning mouth syndrome.
16. Pigmentation of Oral & Paraoral region & Discolouration of teeth :
- Causes & clinical manifestations.
17. Diseases of Maxillary Sinus:
- Traumatic injuries to sinus, Sinusitis, Cysts & Tumours involving antrum.
18. a) ORAL PRECANCER – CANCER; Epidemiology, aetiology, clinical and histopathological features, TNM classification. Recent advances in diagnosis, management and prevention.
- b) Biopsy: Types of biopsy, value of biopsy, cytology, histo chemistry & frozen sections in diagnosis of oral diseases.
19. Principles of Basic Forensic Odontology (Pre-clinical Forensic Odontology):
- Introduction, definition, aims & scope.
  - Sex and ethnic (racial) difference in tooth morphology and histological age estimation.
  - Determination of sex & blood groups from buccal mucosa / saliva.
  - Dental DNA methods.
  - Bite marks, rugae patterns & lip prints.
  - Dental importance of poisons and corrosives.
  - Overview of forensic medicine and toxicology.

### **RECOMMENDED BOOKS**

- |  |                                     |
|--|-------------------------------------|
| 1. A Text Book of Oral Pathology                     | - Shafer, Hine & Levy.              |
| 2. Oral Pathology – Clinical Pathologic correlations | - Regezi & Sciubba.                 |
| 3. Oral Pathology                                    | - Soames & Southam.                 |
| 4. Oral Pathology in the Tropics                     | - Prabhu, Wilson, Johnson & Daftary |

## **SYLLABUS FOR FINAL BDS**

1. Public Health Dentistry
2. Periodontology
3. Orthodontics & Dentofacial Orthopaedics
4. Oral Medicine & Radiology
5. Oral and Maxillofacial Surgery
6. Conservative Dentistry and Endodontics
7. Prosthodontics and Crown Bridge
8. Paediatric & Preventive Dentistry

## **PUBLIC HEALTH DENTISTRY**

### **AIM:**

To prevent and control oral diseases and promote oral health through organized community efforts.

### **OBJECTIVES:**

#### a) Knowledge:

At the conclusion of the course the student shall have a knowledge of the basis of public health, preventive dentistry, public health problems in India, Nutrition, Environment and their role in health, basics of dental statistics, epidemiological methods, National health policy with emphasis on oral health policy.

#### b) Skill and Attitude:

At the conclusion of the course the students shall have required skill of identifying health problems affecting the society, conducting health surveys, conducting health education classes and deciding health strategies. Students should develop a positive attitude towards the problems of the society and must take responsibilities in providing health.

#### c) Communication abilities:

At the conclusion of the course the student should be able to communicate the needs of the community efficiently, inform the society of all the recent methodologies in preventing oral disease.

### **COURSE CONTENT:**

1. Introduction to Dentistry: Definition of Dentistry, History of dentistry, Scope, aims and objectives of Dentistry.
2. Public Health:
  - i. Health & Disease:- Concepts, Philosophy, Definition and Characteristics
  - ii. Public Health:- Definition & Concepts, History of Public health
  - iii. General Epidemiology:- Definition, objectives, methods
  - iv. Environmental Health:- Concepts, principles, protection, sources, environmental sanitation, purification of water, disposal of waste, role in mass disorder.
  - v. Health Education:- Definition, concepts, principles, methods, and health education aids.

- vi. Public Health Administration:- Priority, establishment, manpower, private practice management, hospital management.
  - vii. Ethics and Jurisprudence: Professional liabilities, negligence, malpractice, consents, evidence, contracts, and methods of identification in forensic dentistry.
  - viii. Nutrition in oral diseases
  - ix. Behavioral science: Definition of sociology, anthropology and psychology and their influence in dental practice and community.
  - x. Health care delivery system: Center and state, oral health policy, primary health care, national programmes, health organizations.
3. Dental Public Health:
- i. Definition and difference between community and clinical health.
  - ii. Epidemiology of dental diseases, dental caries, periodontal diseases, malocclusion, dental fluorosis and oral cancer.
  - iii. Survey procedures: Planning, implementation and evaluation, WHO oral health survey methods 1997, indices for dental diseases.
  - iv. Delivery of dental care: Dental auxiliaries, operational and non-operational, incremental and comprehensive health care, school dental health.
  - v. Payments of dental care: Methods of payments and dental insurance, government plans.
  - vi. Preventive Dentistry – definition, levels, role of individual, community and profession, fluorides in dentistry, plaque control programmes.
4. Research Methodology and Dental Statistics
- i. Health Information:- Basic knowledge of Computers, MS Office, Window 2000, Statistical Programmes.
  - ii. Research Methodology:- Definition, types or research, designing a written protocol
  - iii. Bio-Statistics:- Introduction, collection of data, presentation of data, Measure of Central tendency, measures of dispersion, tests of significance, Sampling and sampling techniques-types, errors, bias, blind trials and calibration.
5. Practice Management
- i. Place and locality.
  - ii. Premises & layout
  - iii. Selection of equipments
  - iv. Maintenance of records / accounts / audit.
6. Dentist Act 1948 with amendment.
7. Dental Council of India and State Dental Councils: Composition and responsibilities.
8. Indian Dental Association: Head Office, State, local and branches.

## **PRACTICALS / CLINICALS / FIELD PROGRAMME IN COMMUNITY DENTISTRY:**

These exercises designed to help the student in IV year students:

1. Understand the community aspects of dentistry
2. To take up leadership role in solving community oral health programme.

Exercises:

- a) Collection of statistical data (demographic) on population in India, birth rates, morbidity and mortality, literacy, per capita income.
- b) Incidence and prevalence of common oral diseases like dental caries, periodontal disease, oral cancer, fluorosis at national and international levels.
- c) Preparation of oral health education material posters, models, slides, lectures, play acting skits etc.
- d) Oral health status assessment of the community using indices and WHO basic oral health survey methods.
- e) Exploring and planning setting of private dental clinics in rural, semi urban and urban locations, availment of finances for dental practices-preparing project report.
- f) Visit to primary health center-to acquaint with activities and primary health care delivery.
- g) Visit to water purification plant / public health laboratory / center for treatment of biochemical wastes and sewage water.
- h) Visit to schools to assess the oral health status of school children, emergency treatment and health education including possible preventive care at school (tooth brushing technique demonstration and oral rinse programme etc.)
- i) Visit to institution for the care of handicapped, physically, mentally, or medically compromised patients
- j) Preventive dentistry: in the department application of pit and fissure sealants, fluoride gel application procedure, A.R.T., Comprehensive health for 5 pts, at least 2 patients.

The colleges are encouraged in involve in the N.S.S. programme for college students for carrying out social work in rural areas.

## SUGGESTED INTERNSHIP PROGRAMME IN COMMUNITY DENTISTRY:

### I. AT THE COLLEGE:

Students are posted to the department to get training in dental practice management.

- (a) Total oral health care approach in order to prepare the new graduates in their approach to diagnosis, treatment planning, cost of treatment, completion of treatment on schedule, recall maintenance of records etc., at least 10 patients (both children and adults of all types posting for at least one month).
- (b) The practice of chair side preventive dentistry including oral health education.

### II. AT THE COMMUNITY ORAL HEALTH CARE CENTRE (ADOPTED BY THE DENTAL COLLEGE IN RURAL AREAS)

Graduates posted for at least one month to familiarize.

### III. DESIRABLE: Learning use of computers - basic programmes.

Examination Pattern:

- I. Index: Case History
  - a) Oral hygiene indices
  - b) Silness and Loe index for Plaque
  - c) Loe and Silness index for gingivital bleeding
  - d) CPI
  - e) DMF: T and S, df:t and s
  - f) Deans fluoride index
- II. Health Education
  - a) Make one – Audio visual aid
  - b) Make a health talk
- III. Practical work
  - a) Pit and fissure sealant
  - b) Topical fluoride application



#### BOOKS RECOMMENDED & REFERENCE:

1. Dentistry Dental Practice and Community by David F.Striffler and Brain A. Burt, Edn. 1983, W.B. Saunders Company.
2. Principles of Dental Public Health by James Morse Dunning, IVth Edition, 1986, Harward University Press.
3. Dental Public Health and Community Dentistry Ed by Anthony Jong Publication by the C.V.Mosby Company 1981.
4. Community Oral Health-A system approach by Patricia P.Cormier and Joyce I.Levy published by Appleton-Century-Crofts/New York, 1981.
5. Community Dentistry-A problem oriented approach by P.C. Dental Hand book series Vol.8 by Stephen L.Silverman and Ames F.Tryon, Series editor-Alvin F.Gardner, PSG Publishing company Inc. Littleton Massachuselts, 1980.
6. Dental Public Health-An Introduction to Community Dentistry. Edition by Geoffrey L. Slack and Brain Burt, Published by John Wright and sons Bristol, 1980.
7. Oral Health Surveys- Basic Methods, 4<sup>th</sup> edition, 1997, published by W.H.O. Geneva available at the regional office New Delhi.
8. Preventive Medicine and Hygiene-By Maxcy and Rosenau, published by Appleton Century Crofts, 1986.
9. Preventive Dentistry-by J.O. Forrest published by John Wright and sons Bristol, 1980.
- 10.Preventive Dentistry by Murray, 1997.
- 11.Text Book of Preventive and Social Medicine by Park and park, 14<sup>th</sup> edition.
- 12.Community Dentistry by Dr.Soben Peter.
- 13.Introduction to Bio-statistics by B.K. Mahajan
- 14.Research methodology and Bio-statistics by Sundar Rao
- 15.Introduction to Statistical Methods by Grewal

## PERIODONTOLOGY

### OBJECTIVES:

The student shall acquire the skill to perform dental scaling, diagnostic tests of periodontal diseases; to use the instruments for periodontal therapy and maintenance of the same.

The student shall develop attitude to impart the preventive measures namely, the prevention of periodontal diseases and prevention of the progress of the disease. The student shall also develop an attitude to perform the treatment with full aseptic precautions; shall develop an attitude to prevent iatrogenic disease; to conserve the tooth to the maximum possible time by maintaining periodontal health and to refer the patients who require specialist's care.

- 1 Introduction: Definition of Periodontology, Periodontics, Periodontia, Brief historical background, Scope of Periodontics
- 2 Development of periodontal tissues, micro-structural anatomy and biology of periodontal tissues in detail Gingiva, Junctional epithelium in detail, Epithelial-Mesenchymal interaction, Periodontal ligament, Cementum, Alveolar bone.
- 3 Defensive mechanisms in the oral cavity: Role of-Epithelium, Gingival fluid, Saliva and other defensive mechanisms in the oral environment.
- 4 Age changes in teeth and periodontal structures, Geriatric Dentistry and their association with periodontal diseases.
- 5 Classification of periodontal diseases:
  - Need for classification, Scientific basis of classification, Classification of gingival and periodontal diseases as described in World Workshop 1989,1999.
  - Gingivitis: Plaque associated, ANUG, steroid hormone influenced, Medication influenced, Desquamative gingivitis, other forms of gingivitis as in nutritional deficiency, bacterial and viral infection etc.
  - Periodontitis: Localized and generalized aggressive periodontitis Refractory periodontitis
- 6 Gingival diseases:
  - Localized and generalized gingivitis, Papillary, marginal and diffuse gingivitis

- Etiology, pathogenesis, clinical signs, symptoms and management of
    - i) Plaque associated gingivitis
    - ii) Systemically aggravated gingivitis (sex hormones, drugs and systemic diseases)
    - iii) ANUG
    - iv) Desquamative gingivitis-Gingivitis associated with lichen planus, pemphigoid, pemphigus, and other vesiculobullous lesions
    - v) Allergic gingivitis
    - vi) Infective gingivitis-Herpetic, bacterial and candidial
    - vii) Pericoronitis
    - viii) Gingival enlargement (classification and differential diagnosis)
- 7 Epidemiology of periodontal diseases:
- Definition of index, incidence, prevalence, epidemiology, endemic, epidemic, and pandemic
  - Classification of indices (Irreversible and reversible)
  - Deficiencies of earlier indices used in Periodontics
  - Detailed understanding of Silness & Loe Plaque Index, Loe & Silness Gingival Index, CPITN & CPI.
  - Prevalence of periodontal diseases in India and other countries.
  - Public health significance (All these topics are covered at length under community dentistry. Hence, the topics may be discussed briefly. However, questions may be asked from the topics for examination.
- 8 Extension of inflammation from gingival area: Mechanism of spread of inflammation from gingival area to deeper periodontal structures. Factors that modify the spread
- 9 Pocket: Definition, signs and symptoms, classification, pathogenesis, histopathology, root surface changes and contents of the pocket.
- 10 Etiology:
- i. Dental Plaque (Biofilm)
    - Definition, New concept of biofilm
    - Types, composition, bacterial colonization, growth, maturation & disclosing agents
    - Role of dental plaque in periodontal diseases
    - Plaque microorganisms in detail and bacteria associated with periodontal diseases
    - Plaque retentive factors
    - Materia alba
    - Food debris

- ii. Calculus
    - Definition
    - Types, composition, attachment, theories of formation
    - Role of calculus in disease
  - iii. Food Impaction
    - Definition
    - Types, Etiology
    - Hirschfelds' classification
    - Signs, symptoms & sequelae of treatment
  - iv. Trauma from occlusion
    - Definition, Types
    - Histopathological changes
    - Role in periodontal disease
    - Measures of management in brief
  - v. Habits
    - Their periodontal significance
    - Bruxism & parafunctional habits, tongue thrusting, lip biting, occupational habits
  - vi. Iatrogenic Factors
  - vii. Conservative Dentistry
    - Restorations
    - Contact point, marginal ridge, surface roughness, overhanging restorations, interface between restoration and teeth.
  - viii. Prosthodontics
    - Interrelationship
    - Bridges and other prosthesis, pontics (types), surface contour, relationships of margins to the periodontium, Gingival protection theory, muscle action theory & theory of access to oral hygiene.
  - ix. Orthodontics
    - Interrelationship, removable appliances & fixed appliances
    - Retention of plaque, bacterial changes
  - x. Systemic disease
    - Diabetes, sex hormones, nutrition (Vit.C & proteins)
    - AIDS & periodontium
    - Hemorrhagic diseases, Leukemia, clotting factor disorders, PMN disorders
- 11 Risk factors: Definition. Risk factors for periodontal diseases

- 12 Host response:
- Mechanism of initiation and progression of the periodontal diseases
  - Basic concepts about cells, Mast cells, neutrophils, macrophages, lymphocytes, immunoglobulins, complement system, immune mechanisms & cytokines in brief
  - Stages in gingivitis-Initial, early, established & advanced
  - Periodontal disease activity, continuous paradigm, random burst & asynchronous multiple burst hypothesis
- 13 Periodontitis:
- Etiology, histopathology, clinical signs & symptoms, diagnosis and treatment of adult periodontitis
  - Periodontal abscess; definition, classification, pathogenesis, differential diagnosis and treatment
  - Furcation involvement, Glickman's classification, prognosis and management
  - Aggressive periodontitis
  - Periodontitis associated with systemic diseases
  - Refractory periodontitis
- 14 Diagnosis:
- Routine procedures, methods of probing, types of probes, (According to case history)
  - Halitosis: Etiology and treatment. Mention advanced diagnostic aids and their role in brief.
- 15 Prognosis: Definition, types, purpose and factors to be taken into consideration
- 16 Treatment plan: Factors to be considered
- 17 Periodontal therapy:
- i. General principles of periodontal therapy. Phase I, II, III, IV therapy. Definition of periodontal regeneration, repair, new attachment and reattachment.
  - ii. Plaque control
    - Mechanical tooth brushes, interdental cleaning aids, dentifrices.
    - Chemical; classification and mechanism of action of each & pocket irrigation
- 18 Pocket eradication procedures:
- i. Scaling and root planning
    - Indications
    - Aims & objectives

- Healing following root planning
- Hand instruments, sonic, ultrasonic & piezoelectric scalers
- ii. Curettage & present concepts
  - Definition
  - Indications
  - Aims & objectives
  - Procedures & healing response
- iii. Flap surgery
  - Definition
  - Types of flaps, Design of flaps, papilla preservation
  - Indications & contraindication
  - Armamentarium
  - Surgical procedure & healing response
- 19 Osseous Surgery:
  - Osseous defects in periodontal disease
  - Definition
  - Classification
  - Surgery: respective, additive osseous surgery (osseous grafts with classification of grafts)
  - Healing responses
  - Other regenerative procedures; root conditioning
  - Guided tissue regeneration
- 20 Mucogingival surgery & periodontal plastic surgeries:
  - Definition
  - Mucogingival problems: etiology, classification of gingival recession (P.D.Miller Jr. and Sullivan and Atkins)
  - Indications & objectives
  - Gingival extension procedures: lateral pedicle graft, frenectomy, frenotomy
  - Crown lengthening procedures
  - Periodontal microsurgery in brief
- 21 Splints:
  - Periodontal splints
  - Purpose & classification
  - Principles of splinting
- 22 Hypersensitivity: Causes, Theories & management
- 23 Implants: Definition, types, scope & biomaterials used.  
 Periodontal considerations: such as implant-bone interface, implant-gingival interface, implant failure, peri-implantitis & management.

- 24 Maintenance phase (SPT):
  - Aims, objectives, and principles
  - Importance
  - Procedures
  - Maintenance of implants
- 25 Pharmaco-therapy:
  - Periodontal dressings
  - Antibiotics & anti-inflammatory drugs
  - Local drug delivery systems
- 26 Periodontal management of medically compromised patients: Topics concerning periodontal management of medically compromised patients
- 27 Inter-disciplinary care:
  - Pulpo-periodontal involvement
  - Routes of spread of infection
  - Simons classification
  - Management
- 28 Systemic effects of periodontal diseases in brief: Cardiovascular diseases, Low birth weight babies etc.
- 29 Infection control protocol: Sterilization and various aseptic procedures
- 30 Ethics

#### TUTORIALS DURING CLINICAL POSTING:

1. Infection control
2. Periodontal instruments
3. Chair position and principles of instrumentation
4. Maintenance of instruments (sharpening)
5. Ultrasonic, Piezoelectric and sonic scaling – demonstration of technique
6. Diagnosis of periodontal disease and determination of prognosis
7. Radiographic interpretation and lab investigations
8. Motivation of patients – oral hygiene instructions

Students should be able to record a detailed periodontal case history, determine diagnosis, prognosis and plan treatment. Student should perform scaling, root planing local drug delivery and SPT. Shall be given demonstration of all periodontal surgical procedures.

#### DEMONSTRATIONS:

1. History taking and clinical examination of the patients
2. Recording different indices
3. Methods of using various scaling and surgical instruments
4. Polishing the teeth
5. Smear making for bacterial stains
6. Demonstration to patients about different oral hygiene aids
7. Surgical procedures – gingivectomy, gingivoplasty, and flap operations
8. Follow up procedures, post operative care and supervision

#### REQUIREMENTS:

1. Diagnosis, treatment planning and discussion and total periodontal treatment - 25 cases.
2. Dental scaling, oral hygiene instructions – 50 complete cases / equivalent
3. Assistance in periodontal surgery – 5 cases
4. A work record should be maintained by all the students and should be submitted at the time of examination after due certification from the head of the department.

Students should have to complete the work prescribed by the concerned department from time to time and submit a certified record for evaluation.

#### PRESCRIBED BOOK:

1. Glickman's Clinical Periodontology – Caranza

#### REFERENCE BOOKS:

1. Essentials of Periodontology and periodontics – Torquil Macphee
2. Contemporary periodontics – Cohen
3. Periodontal therapy – Goldman
4. Orbans' periodontics – Orban
5. Oral Health Survery – W.H.O.
6. Preventive Periodontics – Young and Stiffler
7. Public Health Dentistry – Slack
8. Advanced Periodontal Disease – John Prichard
9. Preventive Dentistry – Forrest
10. Clinical Periodontology – Jan Lindhe
11. Periodontics – Baer & Morris.



## ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS

### **OBJECTIVES:**

Undergraduate programme in Orthodontics is designed to enable the qualifying dental surgeon to diagnose, analyse and treat common orthodontic problems by preventive, interceptive and corrective orthodontic procedures.

### **COURSE CONTENT:**

The following basic instructional procedures will be adapted to achieve the above objectives.

1. Introduction, Definition, Historical Background, Aims And Objectives of Orthodontics And Need For Orthodontics Care.
2. Growth And Development: In General
  - a. Definition
  - b. Growth spurts and Differential growth
  - c. Factors influencing growth and Development
  - d. Methods of measuring growth
  - e. Growth theories (Genetic, Sicher's, Scott's, Moss's, Petrovics, Multifactorial)
  - f. Genetic and epigenetic factors in growth
  - g. Cephalocaudal gradient in growth.
3. Morphologic Development of Craniofacial Structures
  - a. Methods of bone growth
  - b. Prenatal growth of craniofacial structures.
  - c. Postnatal growth and development of: cranial base, maxilla, mandible, dental arches and occlusion.
4. Functional Development of Dental Arches and Occlusion
  - a. Factors influencing functional development of dental arches and occlusion.
  - b. Forces of occlusion.
  - c. Wolfe's law of transformation of bone.
  - d. Trajectories of forces
5. Clinical Application of Growth and Development
6. Malocclusion – In General
  - a. Concept of normal occlusion.
  - b. Definition of malocclusion
  - c. Description of different types of dental, skeletal and functional malocclusion.
7. Classification of Malocclusion  
Principle, description, advantages and disadvantages of classification of malocclusion by Angle's, Simon's, Lischer's and Ackerman and Proffitt's.
8. Normal And Abnormal Function of Stomatognathic System.
9. Etiology of Malocclusion
  - a. Definition, importance, classification, local and general etiological factors.

- b. Etiology of following different types of malocclusion:
    - Midline diastema
    - Spacing
    - Crowding
    - Cross-Bite: Anterior / Posterior
    - Class III Malocclusion
    - Class II Malocclusion
    - Deep Bite
    - Open bite
10. Diagnosis And Diagnostic Aids
    - a. Definition, Importance and classification of diagnostic aids
    - b. Importance of case history and clinical examination in orthodontics
    - c. Study Models: Importance and uses – Preparation and preservation of study models
    - d. Importance of intraoral X-rays in orthodontics
    - e. Panoramic radiographs: Principles, Advantages, disadvantages and uses
    - f. Cephalometrics: Its advantages, disadvantages.
      - Definition
      - Description and use of cephalostat
      - Description and uses of anatomical landmarks lines and angles use in cephalometric analysis.
      - Analysis- Steiner's, Down's, Tweed's Ricket's-E-line
    - g. Electromyography and its uses in orthodontics
    - h. Wrist X-rays and its importance in orthodontics
  11. General Principles in Orthodontic Treatment Planning of Dental And Skeletal Malocclusions.
  12. Anchorage in Orthodontics – Definition, Classification, Types and Stability of Anchorage.
  13. Biomechanical Principles In Orthodontic Tooth Movement
    - a. Different types of tooth movements
    - b. Tissue response to orthodontic force application.
    - c. Age factor in orthodontic tooth movement
  14. Preventive Orthodontics
    - a. Definition
    - b. Different procedures undertaken in preventive orthodontics and their limitations.
  15. Interceptive Orthodontics
    - a. Definition
    - b. Different procedures undertaken in interceptive orthodontics
    - c. Serial extractions: Definition, indications, contra-indication, technique, advantages and disadvantages.
    - d. Role of muscle exercises and an interceptive procedure.

16. Corrective Orthodontics
  - a. Definition, factors to be considered during treatment planning.
  - b. Model analysis: Pont's, Ashley Howe's, Bolton, Careys, Moyer's Mixed Dentition Analysis.
  - c. Methods of gaining space in the arch:- Indications, relative merits and demerits of proximal stripping, arch expansion and extractions.
  - d. Extractions in Orthodontics – indications and selection of teeth for extraction.
17. Orthodontic Appliances: General
  - a. Requisites for orthodontic appliances
  - b. Classification, indications of Removable and Functional Appliances
  - c. Methods of force application
  - d. Materials used in construction of various orthodontic appliances – uses of stainless steel, technical considerations in curing of acrylic, Principles of welding and soldering, fluxes and antfluxes.
  - e. Preliminary knowledge of acid etching and direct bonding.

### **REMOVABLE ORTHODONTIC APPLIANCES**

- 1) Components of removable appliances
- 2) Different types of clasps and their uses
- 3) Different types of labial bows and their uses
- 4) Different types of springs and their uses
- 5) Expansion appliances in orthodontics:
  - i) Principles
  - ii) Indications for arch expansion
  - iii) Description of expansion appliances and different types of expansion devices and their uses.
  - iv) Rapid maxillary expansion

### **FIXED ORTHODONTIC APPLIANCES**

- Definition, Indications & Contraindications
- Component parts and their uses
- Basic principles of different techniques: Edgewise, Begg's, straight wire.

### **EXTRAORAL APPLIANCES**

1. Headgears
2. Chin cup
3. Reverse pull headgears

## MYOFUNCTIONAL APPLIANCES

1. Definition and principles
2. Muscle exercises and their uses in orthodontics
3. Functional appliances:
  - i) Activator, Oral screens, Frankels function regulator, bionator twin blocks, lip bumper.
  - ii) Inclined planes – upper and lower
18. Orthodontic Management of Cleft Lip And Palate
19. Principles of Surgical Orthodontics: Brief knowledge of correction of:
  - Mandibular Prognathism and Retrognathism
  - Maxillary Prognathism and Retrognathism
  - Anterior open bite and deep bite.
  - Cross bite.
20. Principle, Differential Diagnosis & Methods of Treatment of:
  - Midline diastema
  - Cross bite
  - Open bite
  - Deep bite
  - Spacing
  - Crowding
  - Class II – Division 1, Division 2
  - Class III Malocclusion – True and Pseudo Class III
21. Retention And Relapse  
Definition, Need for retention, Causes of relapse, Methods of retention, Different types of retention devices, Duration of retention, Theories retention.
22. Ethics

## CLINICALS IN ORTHODONTICS (III & IV BDS):

- I. Basic wire bending exercises Gauge 22 or 0.7 mm
  1. Straightening of wires (4 Nos.)
  2. Bending of a equilateral triangle
  3. Bending of a rectangle
  4. Bending of a square
  5. Bending of a circle
  6. Bending of U.V
- II. Construction of Clasps (Both sides upper/lower) Gauge 22 or 0.7 mm
  1.  $\frac{3}{4}$  Clasp (C-Clasp)
  2. Full Clasp (Jackson's Crib)
  3. Adam's Clasp
  4. Triangular Clasp

- III. Construction of Springs (on upper both sides) Gauge 24 or 0.5 mm
  1. Finger Spring
  2. Single Cantelever Spring
  3. Double Cantelever Spring (Z-Spring)
  4. T-Springs on premolars
- IV. Construction of Canine retractors Gauge 23 or 0.6 mm
  1. U – Loop canine retractor  
(Both sides on upper & lower)
  2. Helical canine retractor  
(Both sides on upper & lower)
  3. Buccal canine retractor:
    - Self supported buccal canine retractor with
      - a) Sleeve – 5 mm wire or 24 gauge
      - b) Sleeve – 19 gauge needle on any one side.
  4. Palatal canine retractor on upper both sides Gauge 23 or 0.6 mm
- V. Labial Bow  
Gauge 22 or 0.7 mm  
One on both upper and lower

NO. EXERCISE

01. Making upper Alginate impression
02. Making lower Alginate impression
03. Study Model preparation
04. Model Analysis
  - a. Pont's Analysis
  - b. Ashley Howe's Analysis
  - c. Carey's Analysis
  - d. Bolton's Analysis
  - e. Moyer's Mixed Dentition Analysis

NO. EXERCISE

01. Case History taking
02. Case discussion
03. Discussion on the given topic
04. Cephalometric tracings
  - a. Down's Analysis
  - b. Steiner's Analysis
  - c. Tweed's Analysis

## NO. EXERCISE

1. Adam's Clasp on Anterior teeth Gauge 0.7 mm
2. Modified Adam's Clasp on upper arch Gauge 0.7 mm
3. High Labial bow with Apron spring on upper arch  
(Gauge of Labial bow – 0.9 mm, Apron spring – 0.3 mm)
4. Coffin spring on upper arch Gauge 1 mm
5. Appliance Construction in Acrylic
  - Upper & Lower Hawley's Appliance
  - Upper Hawley's with Anterior bite plane
  - Upper Habit breaking Appliance
  - Upper Hawley's with Posterior bite plane with 'Z' Spring
  - Construction of Activator
  - Lower inclined plane / Catalan's Appliance
  - Upper Expansion plate with Expansion Screw

## RECOMMENDED AND REFERENCE BOOKS

- |   |   |                    |
|---|---|--------------------|
| 1 | CONTEMPORARY ORTHODONTICS                 | WILLIAM R. PROFFIT |
| 2 | ORTHODONTICS FOR DENTAL STUDENTS          | WHITE and GARDINER |
| 3 | HANDBOOK OF ORTHODONTICS                  | MOYERS             |
| 4 | ORTHODONTICS – PRINCIPLES AND PRACTICE    | GRABER             |
| 5 | DESIGN, CONSTRUCTION AND USE OF REMOVABLE |                    |
| 6 | ORTHODONTIC APPLIANCES                    | C. PHILIP ADAMS    |
| 7 | CLINICAL ORTHODONTICS: VOL 1 & 2          | SALLZMAN           |

## ORAL MEDICINE & RADIOLOGY

### AIM:

- (1) To train the students to diagnose the common disorders of Orofacial region by clinical examination and with the help of investigations.
- (2) To train the students about the importance, role, use and techniques of radiographs / digital radiograph and other imaging methods in diagnosis.
- (3) The Principles of the clinical and radiographic aspects of Forensic Odontology.

Emphasis should be laid on oral manifestations of systemic diseases and ill-effects of oral sepsis on general health. To avoid confusion regarding which lesion and to what extent the student should learn and know, this elaborate syllabus is prepared. As certain lesions come under more than one group, there is repetition.

### COURSE CONTENT:

The course content is divided into three parts.

- I. Part-I Oral Medicine and diagnostic aids
- II. Part-II Behavioural Sciences and ethics
- III. Part-III Oral Radiology

### **Part-I ORAL MEDICINE AND DIAGNOSTIC AIDS**

#### SECTION (A) – DIAGNOSTIC METHODS:

- (1) Definition and importance of Diagnosis and various types of diagnosis
- (2) Method of clinical examinations.
  - (a) General Physical examination by inspection.
  - (b) Oro-facial region by inspection, palpation and other means
  - (c) Importance, role, use of saliva and salivary gland. Salivary disorders/diseases, techniques of diagnosis of saliva as part of oral disease.
  - (d) Examination of lesions like swellings, ulcers, erosions, sinus, fistula, growths, pigmented lesions, white and red patches.
  - (e) Examination of lymph nodes
  - (f) Forensic examination – Procedures for post-mortem dental examination; maintaining dental records and their use in dental practice and post-mortem identification; jurisprudence and ethics.

- (3) Investigations
- (a) Biopsy and exfoliative cytology
  - (b) Hematological, Microbiological and other tests and investigations necessary for diagnosis and prognosis.

**SECTION (B) – DIAGNOSIS, DIFFERENTIAL DIAGNOSIS:**

While learning the following chapters, emphasis shall be given only on diagnostic aspects including differential diagnosis

- (1) Teeth: Developmental abnormalities, causes of destruction of teeth and their sequelae and discoloration of teeth.
- (2) Diseases of bone and Osteodystrophies: Development disorders: Anomalies, Exostosis and tori, infantile cortical hyperostosis, osteogenesis imperfecta, Marfans syndrome, osteopetrosis. Inflammation – Injury, infection and spread of infection, fascial space infections, osteoradionecrosis.  
Metabolic disorders – Histiocytosis  
Endocrine – Acromegaly and hyperparathyroidism  
Miscellaneous – Paget's disease, Mono and polyostotic fibrous dysplasia, Cherubism.
- (3) Temporomandibular joint: Developmental abnormalities of the condyle, Rheumatoid arthritis, Osteoarthritis, Sub-luxation and luxation.
- (4) Common cysts and Tumors.
  - i. CYSTS: Cysts of soft tissue: Mucocele and Ranula  
Cysts of bone: Odontogenic and nonodontogenic.
  - ii. TUMORS:
    - a) Soft Tissue:
      - Epithelial: Papilloma, Carcinoma, Melanoma
      - Connective tissue: Fibroma, Lipoma, Fibrosarcoma
      - Vascular: Haemangioma, Lymphangioma
      - Nerve Tissue: Neurofibroma, Traumatic Neuroma, Neurofibromatosis
      - Salivary Glands: Pleomorphic adenoma, Adenocarcinoma, Warthin's Tumor, Adenoid cystic carcinoma.
    - b) Hard Tissue:
      - Non Odontogenic: Osteoma, Osteosarcoma, Osteoclastoma, Chondroma, Chondrosarcoma, Central giant cell tumor, and Central haemangioma
      - Odontogenic: Enameloma, Ameloblastoma, Calcifying Epithelial Odontogenic tumor, Adenomatoid Odontogenic tumor, Periapical cemental dysplasia and odontomas.



- (5) Periodontal diseases: Gingival hyperplasia, gingivitis, periodontitis, pyogenic granuloma
- (6) Granulomatous diseases: Tuberculosis, Sarcoidosis, Midline lethal granuloma, Crohn's Disease and Histiocytosis X.
- (7) Miscellaneous Disorders. Burkitt's lymphoma, sturge – Weber syndrome, CREST syndrome, Rendu-Osler-Weber disease.

### SECTION (C ): ORAL MEDICINE AND THERAPEUTICS:

The following chapters shall be studied in detail including the etiology, pathogenesis clinical features, investigations, differential diagnosis, management and prevention

- (1) Infections of oral and paraoral structures:
  - Bacterial: Streptococcal, tuberculosis, syphilis, Vincents, leprosy, actinomycosis, diphtheria and tetanus
  - Fungal: Candida albicans
  - Virus: Herpes simplex, Herpes zoster, Ramsay Hunt syndrome, measles, herpangina, mumps, infectious mononucleosis, AIDS and hepatitis-B
- (2) Important common mucosal lesions:
  - White lesions: Chemical burns, leukoedema, leukoplakia, fordyce spots, stomatitis nicotina palatinus, white sponge nevus, candidiasis, lichenplanus, discoid lupus erythematosus.
  - Vesiculo-bullous lesions: Herpes simplex, herpes zoster, herpangina, bullous lichen planus, pemphigus, cicatricial pemphigoid erythema multiforme.
  - Ulcers, Acute and chronic ulcers
  - Pigmented lesions: Exogenous and endogenous
  - Red lesions: Erythroplakia, stomatitis venenata and medicamentosa, erosive lesions and denture sore mouth.
- (3) Cervico-facial lymphadenopathy
- (4) Facial pain:
  - (i) Organic pain: Pain arising from the diseases of orofacial tissues like teeth, pulp, gingival, periodontal tissue, mucosa, tongue, muscles, blood vessels, lymph tissue, bone, paranasal sinus, salivary glands etc.,
  - (ii) Pain arising due to C.N.S. diseases:
    - (a) Pain due to intracranial and extracranial involvement of cranial nerves, (Multiple sclerosis, cerebrovascular diseases, Trotters syndrome etc.)
    - (b) Neuralgic pain due to unknown causes: Trigeminal neuralgia, glossopharyngeal neuralgia, sphenopalatine ganglion neuralgia, periodic migrainous neuralgia and atypical facial pain.
  - (iii) Referred pain: Pain arising from distant tissues like heart, spine etc.,
- (5) Altered sensations: Cacogeusia, halitosis

- (6) Tongue in local and systemic disorders: (Aglossia, ankyloglossia, bifid tongue, fissured tongue, scrotal tongue, macroglossia, microglossia, geographic tongue, median rhomboid glossitis, depapillation of tongue, hairy tongue, atrophic tongue, reactive lymphoid hyperplasia, glossodynia, glossopyrosis, ulcers, white and red patches etc.)
- (7) Oral manifestations of:
- (i) Metabolic disorders:
    - (a) Porphyria
    - (b) Haemochromatosis
    - (c) Histiocytosis X diseases
  - (ii) Endocrine disorders:
    - (a) Pituitary: Gigantism, acromegaly, hypopituitarism
    - (b) Adrenal cortex: Addison's disease (Hypofuntion)  
Cushing's syndrome (Hyperfunction)
    - (c) Parathyroid glands: Hyperparathyroidism
    - (d) Thyroid gland: (Hypothyroidism) Cretinism, myxedema
    - (e) Pancreas: Diabetes
  - (iii) Nutritional deficiency: Vitamins: riboflavin, nicotinic acid, folic acid, Vitamin B12, Vitamin C (Scurvy)
  - (iv) Blood disorders:
    - (a) Red blood cell diseases
      - Deficiency anemias: (Iron deficiency, plummer – Vinson syndrome, pernicious anemia)
      - Haemolytic anemias: Thalassemia, sickle cell anemia, erythroblastosis fetalis)
      - Aplastic anemia
      - Polycythemia
    - (b) White Blood cell diseases
      - Neutropenia, cyclic neutropenia, agranulocytosis, infectious mononucleosis and leukemias
    - (c) Haemorrhagic disorders:
      - Thrombocytopenia, purpura, hemophilia, christmas disease and von willebrand's disease.
- (8) Disease of salivary glands:
- (i) Development disturbances: Aplasia, atresia and aberration
  - (ii) Functional disturbances: Xerostomia, ptyalism
  - (iii) Inflammatory conditions: Nonspecific sialadenitis, mumps, sarcoidosis Heerfordt's syndrome (Uveoparotid fever), necrotizing sialometaplasia
  - (iv) Cysts and tumors: Mucocele, ranula, pleomorphic adenoma, mucoepidermoid carcinoma.
  - (v) Miscellaneous: Sialolithiasis, Sjogren's syndrome, mikulicz's disease and sialosis

- (9) Dermatological diseases with oral manifestations:
- (a) Ectodermal dysplasia
  - (b) Hyperkerotosis palmarplantaris with periodontopathy
  - (c) Scleroderma
  - (d) Lichen planus including Grinspan's syndrome
  - (e) Lupus erythematosus
  - (f) Pemphigus
  - (g) Erythema multiforme
  - (h) Psoriasis.
- (10) Immunological diseases with oral manifestation
- (a) Leukemia
  - (b) Lymphomas
  - (c) Multiple myeloma
  - (d) AIDS clinical manifestations, opportunistic infections, neoplasms
  - (e) Thrombocytopenia
  - (f) Lupus erythematosus
  - (g) Scleroderma
  - (h) dermatomyositis
  - (l) Submucous fibrosis
  - (j) Rheumatoid arthritis
  - (k) Recurrent oral ulcerations including Behcet's syndrome and Reiter's syndrome.
- (11) Allergy: Local allergic reactions, anaphylaxis, serum sickness (local and systemic allergic manifestations to food, drugs and chemicals)
- (12) Foci of oral infection and their ill effects on general health
- (13) Management of dental problems in medically compromised persons:
- (i) Physiological changes: Puberty, pregnancy and menopause
  - (ii) The patients suffering with cardiac, respiratory; liver, kidney and bleeding disorders, hypertension, diabetes and AIDS. Post-irradiated patients.
- (14) Precancerous lesions and conditions
- (15) Nerve and muscle diseases:
- (i) Nerves: (a) Neuropraxia (b) Neurotmesis (c) Neuritis (d) Facial nerve paralysis including Bell's palsy, Heerfordt's syndrome, Melkersson Rosenthal syndrome and ramsay hunt syndrome (e) Neuroma (f) Neurofibromatosis (g) Frey's syndrome.
  - (ii) Muscles: (a) Myositis ossificans (b) Myofascial pain dysfunction syndrome (c) Trismus.
- (16) Forensic Odontology:
- (a) Medicolegal aspects of orofacial injuries
  - (b) Identification of bite marks
  - (c) Determination of age and sex
  - (d) Identification of cadavers by dental appliances, Restorations and tissue remnants
- (17) Therapeutics: General therapeutic measures – drugs commonly used in oral medicine viz., antibiotics, chemotherapeutic agents, anti-inflammatory and analgesic drugs, astringents, mouth washes, styptics, demulcents, local surface anaesthetic, sialogogues, antisialogogues and drugs used in the treatment of malignancy.

**Part-II BEHAVIOURAL SCIENCES AND ETHICS  
(20 hrs of instruction)**

**AIM:**

The aim of teaching behavioral sciences to undergraduate student is to impart such knowledge & skills that may enable him to apply principles of behavior:-

- a) For all round development of his personality
- b) In various therapeutic situation in dentistry.

The student should be able to develop skills of assessing psychological factors in each patient, explaining stress, learning simple counseling techniques, and improving patients compliance behavior.

**OBJECTIVES:**

a). **KNOWLEDGE & UNDERSTANDING:**

At the end of the course, the student shall be able to:

- 1) Comprehend different aspects of normal behavior like learning, memory, motivation, personality & intelligence.
- 2) Recognise difference between normal and abnormal behavior.
- 3) Classify psychiatric disorders in dentistry.
- 4) Recognise clinical manifestations of dental phobia, dental anxiety, facial pain orofacial manifestations of psychiatric disorders, and behavioral problem in children. Addictive disorders, psychological disorders in various dental departments.
- 5) Should have understanding of stress in dentistry and knowledge of simple counseling techniques.
- 6) Have some background knowledge of interpersonal, managerial and problem solving skills which are an integral part of modern dental practice.
- 7) Have knowledge of social context of dental care.

b) **SKILLS:**

The student shall be able to:

- 1) Interview the patient and understand different methods of communication skills in dentist – patient relationship.
- 2) Improve patients compliance behavior.
- 3) Develop better interpersonal, managerial and problem solving skills.
- 4) Diagnose and manage minor psychological problems while treating dental patients.

## **INTEGRATION:**

The training in Behavioral sciences shall prepare the students to deliver preventive, promotive, curative and rehabilitative services to the care of the patients both in family and community and refer advanced cases to specialized psychiatric hospitals.

Training should be integrated with all the departments of Dentistry, Medicine, Pharmacology, Physiology and Biochemistry.

## **PSYCHOLOGY:**

1. Definition & Need of Behavioral Science. Determinants of Behavior.  
Scope of Behavior Science.
2. Sensory process & perception perceptual process – clinical applications.
3. Attention – Definition – factors that determine attention. Clinical application.
4. Memory – Memory process – Types of memory, Forgetting:  
Methods to improve memory, Clinical assessment of memory & clinical application.
5. Definition – Laws of learning  
Type of learning. Classical conditioning, operant conditioning, cognitive learning Insight learning, social learning, observational learning, principles of learning – Clinical application.
6. Intelligence – Definition: Nature of intelligences stability of intelligence  
Determinants of intelligence, clinical application.
7. Thinking – Definition: Types of thinking, delusions, problem solving.
8. Motivation – Definition: Motive, drive, needs classification of motives.
9. Emotions – Definition differentiation from feelings – Role of hypothalamus, Cerebral cortex, adrenal glands ANS. Theories of emotion, Types of emotions.  
Personality. Assessment of personality: Questionnaires, personality inventory, rating scales, Interview projective techniques – Rorshach ink blot test, RAT, CAT.

## **SOCIOLOGY:**

Social class, social groups – family, types of family, types of marriages, communities and Nations and institutions.

## **REFERENCE BOOKS:**

1. General psychology – S.K. Mangal
2. General psychology – Hans Raj, Bhatia
3. General psychology – Munn
4. Behavioral Sciences in Medical practice – Manju Mehta
5. Sciences basic to psychiatry – Basanth Puri & Peter J Tyrer

### **Part-III ORAL RADIOLOGY**

1. Scope of the subject and history of origin
2. Physics of radiation: (a) Nature and types of radiations (b) Source of radiations (c) Production of X-rays (d) properties of X-rays (e) Compton effect (f) Photoelectric effect (g) Radiation measuring units.
3. Biological effects of radiation
4. Radiation safety and protection measures
5. Principles of image production
6. Radiographic techniques:
  - (i) Intra-oral: (a) Periapical radiographs (Bisecting and parallel techniques) (b) Bite wing radiographs (c) Occlusal radiographs.
  - (ii) Extra-oral: (a) Lateral projections of skull and jaw bones and paranasal sinuses (c) Cephalograms (d) Orthopantomograph (e) Projections of temporomandibular joint and condyle of mandible (f) Projections of Zygomatic arches.
  - (iii) Specialised techniques: (a) Sialography (b) Xeroradiography (c) Tomography.
7. Factors in production of good radiographs:
  - (a) K.V.P. and mA. of X-ray machine (b) Filters (c) Collimations
  - (d) Intensifying Screens (e) Grids (f) X-ray films (g) Exposure time
  - (h) Techniques (i) Dark room (j) Developer and fixer solutions
  - (k) Film processing.
8. Radiographic normal anatomical landmarks
9. Faulty radiographs and artefacts in radiographs
10. Interpretation of radiographs in various abnormalities of teeth, bones and other orofacial tissues.
11. Principles of radiotherapy of oro-facial malignancies and complications of radiotherapy.
12. Contrast radiography and basic knowledge of radio-active isotopes.
13. Radiography in Forensic Odontology – Radiographic age estimation and post-mortem radiographic methods.

### **PRACTICALS / CLINICALS:**

1. Student is trained to arrive at proper diagnosis by following a scientific and systematic procedure of history taking and examination of the orofacial region. Training is also imparted in management wherever possible. Training also shall be imparted on saliva diagnostic procedures. Training also shall be imparted in various radiographic procedures and interpretation of radiographs.
2. In view of the above each student shall maintain a record of work done, which shall be evaluated for marks at the time of university examination.

3. The following is the minimum of prescribed work for recording
  - (a) Recording of detailed case histories of interesting cases.....10
  - (b) Intra-oral radiographs (Periapical, bite wing, occlusal)..... 25
  - (c) Saliva diagnostic check as routine procedure.

**BOOKS RECOMMENDED:**

**a) Oral Diagnosis, Oral Medicine & Oral Pathology**

1. Oral Medicine – Burkit – J.B.Lippincott Company
2. Principles of Oral Diagnosis – Coleman –Mosby Year Book
3. Oral Manifestations of Systemic Diseases – Jones –W.B.Saunders company
4. Oral Diagnosis & Oral Medicine - Mitchell
5. Oral Diagnosis - Kerr
6. Oral Diagnosis & Treatment - Miller
7. Clinical Methods - Hutchinson
8. Oral Pathology - Shafer
9. Principles and practice of Oral Medicine - Sonis.S.T., Fazio.R.C and Fang.L

**b) Oral Radiology**

1. Oral Radiology – White & Goaz –Mosby year Book
2. Dental Radiology – Weahman –C.V.Mosby Company
3. Oral Roentgenographic Diagnosis – Stafne –W.B.Saunders Co.,

**C. Forensic Odontology**

1. Practical Forensic Odontology – Derek H.Clark –Butterworth – Heinemann (1992)
2. Manual of Forensic Odontology –C.Michael Bowers, Gary Bell –Forensic Pr (1995)

## **ORAL & MAXILLOFACIAL SURGERY**

### **AIM:**

To produce a graduate who is competent in performing extraction of teeth under both local and general anaesthesia, prevent and manage related complications, acquire a reasonable knowledge and understanding of the various diseases, injuries, infections occurring in the Oral & Maxillofacial region and offer solutions to such of those common conditions and has an exposure in to the in-patient management of maxillofacial problems.

### **OBJECTIVES:**

#### a) Knowledge & Understanding:

At the end of the course and the clinical training the graduate is expected to

1. Apply the knowledge gained in the related medical subjects like pathology, microbiology and general medicine in the management of patients with oral surgical problem.
2. Diagnose, manage and treat (understand the principles of treatment of) patients with oral surgical problems.
3. Knowledge of range of surgical treatments.
4. Decide the requirement of a patient to have oral surgical specialist opinion or treatment.
5. Understand the principles of in-patient management.
6. Understanding of the management of major oral surgical procedures and principles involved in patient management.
7. Should know ethical issues and communication ability

#### b) Skills:

1. A graduate should have acquired the skill to examine any patient with an oral surgical problem in an orderly manner. Be able to understand the requisition of various clinical and laboratory investigations and is capable of formulating differential diagnosis.
2. Should be competent in the extraction of teeth under both local and general anaesthesia.
3. Should be able to carry out certain minor oral surgical procedures under L.A. like frenectomy, alveolar procedures & biopsy etc.
4. Ability to assess, prevent and manage various complications during and after surgery.
5. Able to provide primary care and manage medical emergencies in the dental office.
6. Understanding of the management of major oral surgical problems and principles involved in in-patient management.



## **COURSE CONTENT:**

1. Introduction, definition, scope, aims and objectives.
2. Diagnosis in oral surgery:
  - (a) History taking
  - (b) Clinical examination
  - (c) Investigation.
3. Principles of infection control and cross-infection control with particular reference to HIV / AIDS and Hepatitis.
4. Principles of Oral Surgery:-
  - a) Asepsis: Definition, measures to prevent introduction of infection during surgery.
    - Preparation of the patient
    - Measures to be taken by operator
    - Sterilisation of instruments – various methods of sterilization etc.
    - Surgery set up.
  - b) Painless Surgery:
    - Pre-anaesthetic considerations. Pre-medication: purpose, drugs used
    - Anaesthetic considerations –
      - a) Local b) Local with IV sedations
    - Use of general anaesthetic
  - c) Access:

Inter-oral: Mucoperiosteal flaps, principles, commonly used intra oral incisions.

Bone Removal: Methods of bone removal

Use of Burs: Advantages & precautions

Bone cutting instruments: Principles of using chisel & osteotome.

Extra-oral: Skin incisions – principles, various extra-oral incision to expose facial skeleton: Submandibular, Pre auricular, Incision to expose maxilla & orbit, Bicoronal incision.
  - d) Control of haemorrhage during surgery
    - Normal Haemostasis
    - Local measures available to control bleeding
    - Hypotensive anaesthesia etc.
  - e) Drainage & Debridement
    - Purpose of drainage in surgical wounds
    - Types of drains used
    - Debridement: purpose, soft tissue & bone debridement.
  - f) Closure of wounds: Suturing: Principles, suture material, classification, body response to various materials etc.

- g) Post Operative care
  - Post operative instructions
  - Physiology of cold and heat
  - Control of pain – analgesics
  - Control of infection – antibiotics
  - Control of swelling – anti-inflammatory drugs.
  - Long term post operative follow up – significance.
- 5. Exodontia: General considerations
  - Ideal Extraction.
  - Indications for extraction of teeth
  - Extractions in medically compromised patients.
  - Methods of extraction
    - Forceps or intra-alveolar or closed method. Principles, types of movement, force etc.
    - Trains alveolar, surgical or open method, indications, surgical procedure
    - Dental elevators: Uses, classification, principles in the use of elevators, commonly used elevators.
    - Complications of Exodontia
    - Complications during exodontias; Common to both maxilla and mandible
    - Post-operative complications
    - Prevention and management of complications.
- 6. Impacted teeth:
 

Incidence, definition, aetiology.

  - (a) Impacted mandibular third molar.
    - Classification, reasons for removal,
    - Assessment – both clinical & radiological
    - Surgical procedures for removal.
    - Complications during and after removal,
    - Prevention and management.
  - (b) Maxillary third molar,
    - Indications for removal, classification,
    - Surgical procedure for removal.
  - (c) Impacted maxillary canine
    - Reasons for canine impaction,
    - Localization, indications for removal,
    - Methods of management, labial and palatal approach
    - Surgical exposure, transplantation, removal etc.

7. Pre-prosthetic Surgery:
 

Definition, classification of procedures

  - (a) Corrective procedures: Alveoloplasty, Reduction of maxillary tuberosities, Frenectomies and removal of tori.
  - (b) Ridge extension or Sulcus extension procedures  
Indication and various surgical procedures
  - (c) Ridge augmentation and reconstruction
    - Indication, use of bone grafts, Hydroxyapatite implant
    - Concept of osseointegration
    - Knowledge of various types of implants and surgical procedure to place implants.
8. Diseases of the maxillary sinus
  - Surgical anatomy of the sinus
  - Sinusitis, both acute and chronic
  - Surgical approach of sinus – Caldwell-Luc procedure
  - Removal of root from the sinus.
  - Oro-antral fistula aetiology, clinical features and various surgical methods for closure.
9. Disorders of T.M. Joint
  - Applied surgical anatomy of the joint.
  - Dislocation – Types, aetiology, clinical features and management.
  - Ankylosis – Definition, aetiology, clinical features and management
  - Myo-facial pain dysfunction syndrome, aetiology, clinical features, management - Non surgical and surgical.
  - Internal derangement of the joint.
  - Arthritis of T.M. Joint.
10. Infections of the Oral cavity
 

Introduction, factors responsible for infection, course of odontogenic Infection, spread of odontogenic infections through various facial spaces.  
Dento-alveolar abscess – aetiology, clinical features and management.  
Osteomyelitis of the jaws – definition, aetiology, pre-disposing factors, Classification, clinical features and management  
Ludwigs angina – definition, aetiology, clinical features, management and complications.
11. Benign cystic lesions of the jaws
 

Definition, classification, pathogenesis.  
Diagnosis – Clinical features, radiological, aspiration biopsy, use of contrast media and histopathology.  
Management – Types of surgical procedures, rationale of the techniques, indications, procedures, complications etc.

## 12. Tumours of the Oral cavity

### General considerations

Non odontogenetic benign tumours occurring in oral cavity – fibroma, papilloma, lipoma, ossifying fibroma, myoma etc.

Ameloblastoma – Clinical features, radiological appearance and methods of management.

Carcinoma of the oral cavity

Biopsy – types

TNM classification.

Outline of management of squamous; cell carcinoma: Surgery, radiation and chemotherapy.

Role of dental surgeons in the prevention and early detection of oral cancer.

## 13. Fractures of the jaws:-

- General considerations, types of fractures, aetiology, clinical features and general principles of management.
- Mandibular fractures – Applied anatomy, classification.  
Diagnosis – Clinical and radiological  
Management – Reduction closed and open  
Fixation and immobilization methods  
Outline of rigid and semi-rigid internal fixation
- Fractures of the condyle – aetiology, classification, clinical features, principles of management.
- Fractures of the middle third of the face.  
Definition of the mid face, applied surgical anatomy, classification, clinical features and outline of management.
- Alveolar fractures – methods of management.
- Fractures of the Zygomatic complex: Classification, clinical features, indications for treatment, various methods of reduction and fixation.
- Complications of fractures – delayed union, non-union and malunion.

## 14. Salivary gland diseases: -

- Diagnosis of salivary gland diseases
- Sialography, contrast media, procedure
- Infections of the salivary glands
- Sialolithiasis – Sub mandibular duct and gland and parotid duct.  
Clinical features, management.
- Salivary fistulae
- Common tumours of salivary glands like Pleomorphic adenoma including minor salivary glands.

## 15. Jaw deformities -

Basic forms – Prognathism, Retrognathism and open bite.

Reasons for correction.

Outline of surgical methods carried out on mandible and maxilla.

16. Neurological disorders -  
 Trigeminal neuralgia – definition, aetiology, clinical features and methods of management including surgical.  
 Facial paralysis – Aetiology, clinical features.  
 Nerve injuries – Classification, neurorrhaphy etc.
17. Cleft Lip and Palate -  
 Aetiology of the clefts, incidence, classification, role of dental surgeon in the management of cleft patients. Outline of the closure procedures.
18. Medical Emergencies in dental practice –  
 Primary care of medical emergencies in dental practice particularly –  
 (a) Cardio vascular (b) Respiratory (c) Endocrine  
 (d) Anaphylactic reaction (e) Epilepsy
19. Emergency drugs & Intra muscular I.V. Injections –  
 Applied anatomy, Ideal location for giving these injections, techniques etc.
20. Oral Implantology:
- History of implants, their design & surface characteristics and oseointegration.
  - Scope of oral & maxillofacial implantology & terminologies
  - A brief introduction to various implant systems in practice.
  - Bone biology, Morphology, Classification of bone and its relevance to implant treatment and bone augmentation materials.
  - Soft tissue consideration in implant dentistry
  - Diagnosis & treatment planning in implant dentistry.  
 Case history taking / Examination / Medical evaluation / Orofacial evaluation/ Radiographic evaluation / Diagnostic evaluation / Diagnosis and treatment planning / treatment alternatives / Estimation of treatment costs / patient education and motivation.
  - Pre surgical preparation of patient.
  - Implant installation & armamentarium for the Branemark system as a role model.
  - First stage surgery – Mandible – Maxilla
  - Healing period & second stage surgery
  - Management of surgical complications & failures
  - General considerations in prosthodontic reconstruction & Bio mechanics
  - Prosthodontic components of the Branemark system as a role model
  - Impression procedures & Preparation of master cast
  - Jaw relation records and construction of suprastructure with special emphasis on occlusion for osseointegrated prosthesis
  - Management of prosthodontic complications & failures.
  - Recall & maintenance phase.
21. Ethics

## LOCAL ANAESTHESIA:

Introduction, concept of L.A., classification of local anaesthetic agents, ideal requirements, mode of action, types of local anaesthesia, complications.

Use of Vaso constrictors in local anaesthetic solution –

Advantages, contra-indications, various vaso constrictors used.

Anaesthesia of the mandible –

Pterygomandibular space – boundaries, contents etc.

Inferior Dental Nerve Block – Various techniques, Complications

Mental foramen nerve block

Anaesthesia of Maxilla –

Infra – orbital nerve block.

Posterior superior alveolar nerve block

Maxillary nerve block – techniques.

## GENERAL ANAESTHESIA –

Concept of general anaesthesia.

Indications of general anaesthesia in dentistry.

Pre-anaesthetic evaluation of the patient.

Pre-anaesthetic medication – advantages, drugs used.

Commonly used anaesthetic agents.

Complication during and after G.A.

I.V.sedation with Diazepam and Midazolam.

Indications, mode of action, technique etc.

Cardiopulmonary resuscitation

Use of oxygen and emergency drugs.

Tracheostomy.

#### RECOMMENDED BOOKS:

1. Impacted teeth; Alling John F & etal.
2. Principles of oral and maxillofacial surgery; Vol.1,2 & 3 Peterson LJ & etal.
3. Text book of oral and maxillofacial surgery; Srinivasan B.
4. Handbook of medical emergencies in the dental office, Malamed SF.
5. Killeys Fractures of the mandible; Banks P.
6. Killeys fractures of middle 3<sup>rd</sup> of the facial skeleton; Banks P.
7. The maxillary sinus and its dental implications; McGovanda
8. Killey and Kays outline of oral surgery – Part-I; Seward GR & etal
9. Essentials of safe dentistry for the medically compromised patients; Mc Carthy FM
10. Oral & maxillofacial surgery, Vol 2; Laskin DM
11. Extraction of teeth; Howe, GL
12. Minor Oral Surgery; Howe. GL
13. Contemporary oral and maxillofacial surgery; Peterson I.J. & EA
14. Oral and maxillofacial infections; Topazian RG & Goldberg MH
15. Contemporary Implant Dentistry - Carl.E.Misch Mosby 1993 First Edition.
16. Osseointegration and Occlusal Rehabilitation - Hobo S., Ichida.E. and Garcia L.T. Quintessence Publishing Company, 1989 First Edition.

## CONSERVATIVE DENTISTRY AND ENDODONTICS

### OBJECTIVES:

- a) Knowledge and understanding
- b) Skills and
- c) Attitudes

#### a) Knowledge and understanding:

The graduate should acquire the following knowledge during the period of training.

- i. To diagnose and treat simple restorative work for teeth.
- ii. To gain knowledge about aesthetic restorative material and to translate the same to patients needs.
- iii. To gain the knowledge about endodontic treatment on the basis of scientific foundation.
- iv. To carry out simple endodontic treatment.
- v. To carry out simple luxation of tooth and its treatment and to provide emergency endodontic treatment.

#### b) Skills:

He should attain following skills necessary for practice of dentistry

- i. To use medium and high speed hand pieces to carry out restorative work.
- ii. Possess the skills to use and familiarise endodontic instruments and materials needed for carrying out simple endodontic treatment.
- iii. To achieve the skills to translate patient's esthetic needs along with function.

#### c) Attitudes:

- i. Maintain a high standard of professional ethics and conduct and apply these in all aspects of professional life.
- ii. Willingness to participate in CDE programme to update the knowledge and professional skill from time to time.
- iii. To help and participate in the implementation of the national oral health policy.
- iv. He should be able to motivate the patient for proper dental treatment at the same time proper maintenance of oral hygiene should be emphasised which will help to maintain the restorative work and prevent future damage.



## **INTRODUCTION:**

Definition, aims, objectives of Conservative Dentistry, scope and future of Conservative Dentistry.

1. Nomenclature of Dentition:  
Tooth numbering systems A.D.A, Zsigmondy Palmer and F.D.I. systems.
2. Principles of Cavity Preparation, classification of cavities, nomenclature of floors, angles of cavities.
3. Dental Caries :  
Aetiology, classification clinical features, morphological features, microscopic features, clinical diagnosis and sequelae of dental caries.
4. Treatment Planning for Operative Dentistry :  
Detailed clinical examination, radiographic examination, tooth vitality tests, diagnosis and treatment planning, preparation of the case sheet.
5. Gnathological Concepts of Restoration:  
Physiology of occlusion, normal occlusion, Ideal occlusion, mandibular movements and occlusal analysis. Occlusal rehabilitation and restoration.
6. Aramamentarium for Cavity Preparation.  
General classification of operative instruments, Hand cutting instruments design formula and sharpening of instruments. Rotary cutting instruments dental bur, mechanism of cutting, evaluation of hand piece and speed current concepts of rotary cutting procedures. Sterilisation and maintenance of instruments. Basic instrument tray set up.
7. Control of Operating Field.  
Light source, sterilization, field of operation, control of moisture, rubber dam in detail, cotton rolls and anti sialogogues.
8. Amalgam Restoration :  
Indication contraindication, physical and mechanical properties, clinical behaviour. Cavity preparation for Class I, II, V and III. Step wise procedure for cavity preparation and restoration, failure of amalgam restoration.
9. Pulp Protection:  
Liners, varnishes and bases, Zinc phosphate, zinc polycarboxylate, zinc oxide eugenol and glass ionomer cements.
10. Anterior Restorations :  
Selection of cases, selection of material, step wise procedures for using restorations, silicate (theory only) glass ionomers, composites, including sandwich restorations and bevels of the same with a note on status of the dentine bonding agents.
11. Direct Filling Gold Restorations :  
Types of direct filling gold, indications and limitations of cohesive gold. Annealing of gold foil cavity preparation and condensation of gold foils.

12. Preventive Measures In Restorative Practice:  
Plaque Control, Pit and fissure sealants, dietary measures, restorative procedure and periodontal health. Contact and contour of teeth and restorations, matrices, tooth separation and wedges.
13. Temporisation or Interim Restoration.
14. Pin Amalgam Restoration: Indication and Contra Indication:  
Advantage, disadvantages of each types of pin, methods of placement use of auto matrix. Failure of pin amalgam restoration.
15. Management of Deep Carious Lesions Indirect And Direct Pulp Capping.
16. Non Carious Destructions of Tooth Structures; Diagnosis and Clinical Management.
17. Hyper Sensitive Dentine And its Management.
18. Cast Restorations  
Indications, contra indications, advantages and disadvantages and materials used for Class II and Class I cavity preparation for inlays, fabrication of wax pattern, spruing, investing and casting procedures & casting defects.
19. Die Materials And Preparation Of Dies.
20. Gingival Tissue Management for Cast Restoration And Impression Procedures.
21. Recent Cavity Modification for Amalgam Restoration.
22. Differences between Amalgam And Inlay Cavity preparation with note on all types of bevels used for Cast Restoration.
23. Control Of Pain During Operative Procedures.
24. Treatment Planning for Operative Dentistry, Detailed Clinical Examination Radiographic Examination.
25. Vitality Tests, Diagnosis And Treatment Planning and Preparation of Case Sheet.
26. Applied Dental Materials.
  - a. Biological Considerations.  
Evaluation, clinical application and adverse effects of. Dental cements, Zinc oxide eugenol cements, zinc phosphate cements, polycarboxylates, glass ionomer, cements, silicate cement, calcium hydroxides, varnishes. etc.,
  - b. Dental amalgam, technical considerations, mercury toxicity, mercury hygiene.
  - c. Composites, Dentine bonding agents, chemical and light curing composites.
  - d. Rubber base implant. materials
  - e. Noble metal alloys & non noble metal alloys
  - f. Investment and its materials
  - g. Inlay casting waxes.
  - h. Dental porcelain
  - i. Aesthetic Dentistry.
27. Endodontics: introduction, definition, scope and future of endodontics
28. Clinical diagnostic methods

29. Emergency endodontic procedures
30. Pulpal diseases: causes, types and treatment.
31. Periapical disease: acute periapical abscess, acute periodontal abscess, phoenix abscess, chronic alveolar abscess, granuloma cysts, condensing osteitis and external resorption.
32. Vital pulp therapy: indirect and direct pulp capping, pulpotomy different types and medicaments used.
33. Apexogenesis and apexification or problems of open apex.
34. Rationale of endodontic treatment, case selection, indications and contraindications for root canal treatment.
35. Principles of root canal treatment, mouth preparation, root canal instruments, hand instruments, power driven instruments, standardisation, color coding principles of using endodontic instruments. Sterilisation of root canal instruments and materials, rubber dam application.
36. Anatomy of the pulp cavity: root canals, apical foramen. Anomalies of pulp cavities, access cavity preparation of anterior and premolar teeth.
37. Preparation of root canal space. Determination of working length, cleaning and shaping of root canals, irrigating solution, chemical aids to instrumentation.
38. Disinfection of root canal space, intracanal medicaments, poly antibiotic paste, Grossman's paste, mummifying agents. Out line of root canal treatment, bacteriological examinations, culture methods.
39. Problems during cleaning and shaping of root canal spaces. Perforation and its management. Broken instruments and its management, management of single and double curved root canals.
40. Methods of cleaning and shaping like step back, crown down and conventional methods.
41. Obturation of the root canal system. Requirements of an ideal root canal filling material. obturation methods using gutta percha, healing after endodontic treatment. Failures in endodontics.
42. Root canal sealers: Ideal properties, classification and manipulation of root canal sealers.
43. Post endodontic restoration, fabrication, components of post core and preparation.
44. Smear layer and its importance in endodontics and conservative treatment.
45. Discoloured teeth and its management. Bleaching agents, vital and non vital bleaching methods.
46. Traumatized teeth, classification of fractured teeth. Management of fractured tooth and root. Luxated teeth and its management.

47. Endodontic surgeries: indications contraindications, pre operative preparation, Pre medication, surgical instruments and techniques, Apicectomy, retrograde filling, post operative sequale, trephination, hemisection, radictomy. Techniques of tooth reimplantation (both intentional and accidental), endodontic implants.
48. Root resorption.
49. Emergency endodontic procedures.
50. Lasers in conservative endodontics (introduction only) practice management.
51. Professional association dentist act 1948 and its amendment 1993.
52. Duties towards the government like payments of professional tax, income tax.
53. Financial management of practice.
54. Dental material and basic equipment management.
55. Ethics.

#### RECOMMENDED BOOKS:

- 1) Stephen Cohen: Pathways of the pulp
- 2) Ingle, Bakland: Endodontics
- 3) Suresh Chandra, Gopi Krishna: Grossman's Endodontics practice
- 4) Gutmann's: Surgical Endodontics
- 5) Franklin S. Weine: Endodontic Therapy
- 6) Walton & Torabinejad: Endodontic Principles and practice
- 7) Theodore M. Roberson: Sturdevant's art & science of operative dentistry
- 8) Gerard T. Charbeneau: Principles and practice of operative dentistry
- 9) Marzouk M A: Operative Dentistry - Modern Theory and Practice
- 10) Schwartz & Summit: Fundamentals of Operative Dentistry
- 11) Ramya Raghu: Clinical Operative Dentistry – Principles and Practice
- 12) Anusavice: Phillip's Science of Dental Materials
- 13) McCabe: Applied Dental Materials
- 14) Christina Mitchell: Dental materials used in operative dentistry
- 15) Robert Craig: Restorative Dental Materials

## PROSTHODONTICS AND CROWN BRIDGE

### COURSE CONTENT:

#### Complete Dentures

- A. Applied Anatomy and Physiology
  - a) Introduction
  - b) Biomechanics of the edentulous state
  - c) Residual ridge resorption.
- B. Communicating with resorption.
  - a. Understanding the patient's Mental attitude
  - b. Instructing the patient
- C. Diagnosis and treatment planning for patients
  - a) With some teeth remaining.
  - b) With no teeth remaining.
    - Systemic status
    - Local factor.
    - The geriatric patient.
    - Diagnostic procedures.
- D. Articulators
- E. Improving the patient's denture foundation and ridge relation – an overview.
  - a) Pre-operative examination.
  - b) Initial hard tissue & soft tissue procedure.
  - c) Secondary hard & soft tissue procedure.
  - d) Implant procedure.
  - e) Congenital deformities.
  - f) Postoperative procedure.
- F. Principles of Retention, Support and Stability
- G. Impressions – detail.
  - a) Muscles of facial expression.
  - b) Biologic considerations for maxillary and mandibular impression including anatomical landmark and their interpretation.
  - c) Impression objectives.
  - d) Impression materials.
  - e) Impression techniques.
  - f) Maxillary and mandibular impression procedures.
    - i. Preliminary impressions
    - ii. Final impressions
  - g) Laboratory procedures involved with impression making (Beading & Boxing, and cast preparation).

- H. Record bases and occlusion rims-in detail.
  - a) Materials & techniques
  - b) Useful guidelines and ideal parameters.
  - c) Recording and transferring bases and occlusal rims.
- I. Biological consideration in jaw relation & jaw movements – craniomandibular relations.
  - a) Mandibular movements.
  - b) Maxillo – mandibular relation including vertical and horizontal jaw relations.
  - c) Concept of occlusion – discuss in brief.
- J. Relating the patient to the articulator.
  - a) Face bow types & uses-discuss in brief.
  - b) Face bow transfer procedure – discuss in brief.
- K. Recording maxillo mandibular relation.
  - a) Vertical relations.
  - b) Centric relation records.
  - c) Eccentric relation records.
  - d) Lateral relation records.
- L. Tooth selection and arrangement.
  - a) Anterior teeth.
  - b) Posterior teeth.
  - c) Esthetic and functional harmony.
- M. Relating inclination of teeth to concept of occlusion – in brief.
  - a) Neurocentric concept.
  - b) Balanced occlusal concept.
- N. Trial dentures
- O. Laboratory procedures.
  - a) Wax contouring.
  - b) Investing of dentures.
  - c) Preparing of mold
  - d) Preparing & packing acrylic resin.
  - e) Processing of dentures.
  - f) Recovery of dentures.
  - g) Lab remount procedures.
  - h) Recovery the complete denture from the cast.
  - i) Finishing and polishing the complete denture.
  - j) Plaster cast for clinical denture remount procedure.
- P. Denture insertion.
  - a) Insertion procedures.
  - b) Clinical errors.
  - c) Correcting occlusal disharmony
  - d) Selective grinding procedures.

- Q. Treating problems with associated denture use – discuss in brief (tabulation / flow-chart form)
- R. Treating abused tissues – discuss in brief
- S. Relining and rebasing of dentures – discuss in brief
- T. Immediate complete dentures construction procedure-discuss in brief.
- U. The single complete denture – discuss in brief
- V. Overdentures – discuss in brief.
- W. Dental implants in complete denture – discuss in brief.

Note: It is suggested that the above mentioned topics be dealt with wherever appropriate in the following order so as to cover.

1. Definition
2. Diagnosis (of the particular situation / patient selection / treatment planning)
3. Types / Classification
4. Materials
5. Methodology – Lab / Clinical
6. Advantages & disadvantages
7. Indications, contraindications
8. Maintenance Phase
9. Oral Implantology
10. Ethics

### **Removable Partial Dentures**

1. Introduction: Terminologies and scope
2. Classification.
3. Examination, Diagnosis & Treatment planning & evaluation of diagnostic data.
4. Components of a removable partial denture.
  - Major connectors,
  - Minor connectors,
  - Rest and rest seats.
5. Components of a Removable Partial Denture.
  - Direct retainers,
  - Indirect retainers,
  - Tooth replacement.
6. Principles of Removable Partial Denture Design.
7. Survey and design – in brief
  - Surveyors
  - Surveying.
  - Designing.
8. Mouth preparation and master cast.
9. Impression materials and procedures for removable partial dentures.
10. Preliminary jaw relation and esthetic try-in for some anterior replacement teeth.

11. Laboratory procedures for framework construction-in brief
12. Fitting the framework-in brief
13. Try-in of the partial denture – in brief
14. Completion of the partial denture – in brief
15. Inserting the Removable Partial Denture – in brief
16. Postinsertion observations.
17. Temporary Acrylic Partial Dentures.
18. Immediate Removable Partial Denture.
19. Removable Partial Dentures opposing Complete denture.

Note: It is suggested that the above mentioned topics be dealt with wherever appropriate in the following order so as to cover.

1. Definition
2. Diagnosis ( of the particular situation / patient selection / treatment planning)
3. Types / Classification
4. Materials
5. Methodology – Lab / Clinical
6. Advantages & disadvantages
7. Indication, contraindication
8. Maintenance Phase

### **Fixed Partial Dentures**

Topics to be covered in detail:

1. Introduction
2. Fundamentals of occlusion – in brief
3. Articulators – in brief
4. Treatment planning for single tooth restorations
5. Treatment planning for the replacement of missing teeth including selection and choice of abutment teeth.
6. Fixed partial denture configurations.
7. Principles of tooth preparations.
8. Preparations for full veneer crowns in detail.
9. Preparations for partial veneer crowns – in brief
10. Provisional Restorations
11. Fluid Control and Soft Tissue Management
12. Impressions
13. Working Casts and Dies
14. Wax Patterns
15. Pontics and Edentulous Ridges
16. Esthetic Considerations
17. Finishing and Cementation



Topics to be covered in brief -

1. Solder Joints and other Connectors
2. All – Ceramic Restorations
3. Metal – Ceramic Restorations
4. Preparations of intracoronar restorations.
5. Preparations for extensively damaged teeth.
6. Preparations for periodontally weakened teeth
7. The Functionally Generated Path Technique
8. Investing and Casting
9. Resin – Bonded Fixed Partial Denture.

Note: It is suggested that the above mentioned topics be dealt with wherever appropriate in the following order so as to cover-

1. Definition
2. Diagnosis ( of the particular situation / patient selection / treatment planning)
3. Types / Classification
4. Materials
5. Methodology – Lab / Clinical
6. Advantages & disadvantages
7. Indications, contraindications
8. Maintenance Phase

**RECOMMENDED BOOKS:**

1. Syllabus of Complete denture by – Charles M. Heartwell Jr. and Arthur O. Rahn.
2. Boucher's "Prosthodontic treatment for edentulous patients"
3. Essentials of complete denture prosthodontics by- Sheldon Winkler.
4. Maxillofacial prosthetics by – Willam R.Laney.
5. Mc Craken's Removable partial prosthodontics
6. Removable partial prosthodontics by – Ernest L.Miller and Joseph E.Grasso.

## PAEDIATRIC & PREVENTIVE DENTISTRY

### COURSE CONTENT:

1. INTRODUCTION TO PEDODONTICS & PREVENTIVE DENTISTRY
  - Definition, Scope, Objectives and Importance.
2. GROWTH & DEVELOPMENT:
  - Importance of study of growth and development in Pedodontics
  - Prenatal and Postnatal factors in growth & development
  - Theories of growth & development.
  - Development of maxilla and mandible and related age changes.
3. Development of occlusion from birth through adolescence.
  - Study of variations and abnormalities.
4. Dental Anatomy and Histology:
  - Development of teeth and associated structures.
  - Eruption and shedding of teeth.
  - Teething disorders and their management.
  - Chronology of eruption of teeth
  - Differences between deciduous and permanent teeth.
  - Development of dentition from birth to adolescence.
  - Importance of first permanent molar.
5. DENTAL RADIOLOGY RELATED TO PEDODONTICS.
6. ORAL SURGICAL PROCEDURES IN CHILDREN.
  - Indications and contraindications of extractions of primary and permanent teeth in children.
  - Knowledge of Local and General Anesthesia.
  - Minor surgical procedures in children.
7. DENTAL CARIES:
  - Historical background.
  - Definition, aetiology & pathogenesis
  - Caries pattern in primary, young permanent and permanent teeth in children.
  - Rampant caries, early childhood caries and extensive caries:
    - Definition, aetiology, Pathogenesis, Clinical features, Complications & Management
  - Role of diet and nutrition in Dental Caries.
  - Dietary modifications & Diet counseling.
  - Caries activity, tests, caries prediction, caries susceptibility & their clinical application.
8. GINGIVAL & PERIODONTAL DISEASES IN CHILDREN.
  - Normal gingival & periodontium in children.
  - Definition, aetiology & Pathogenesis.
  - Prevention & Management of gingival & Periodontal diseases.

9. Child Psychology
  - Definition
  - Theories of child psychology.
  - Psychological development of children with age.
  - Principles of psychological growth & development while managing child patient
  - Dental fear and its management.
  - Factors affecting child's reaction to dental treatment.
10. Behaviour management:
  - Definitions.
  - Types of behaviour encountered in the dental clinic.
  - Non-pharmacological & pharmacological methods of Behaviour Management
11. PEDIATRIC OPERATIVE DENTISTRY:
  - Principles of Pediatric Operative Dentistry.
  - Modifications required for cavity preparation in primary and young permanent teeth.
  - Various Isolation Techniques.
  - Restorations of decayed primary, young permanent and permanent teeth in children using various restorative materials like Glass Ionomer, Composites & Silver Amalgam. Stainless steel, Polycarbonate & Resin Crowns.
12. PEDIATRIC ENDODONTICS
  - Principles & Diagnosis.
  - Classification Pulpal Pathology in primary, young permanent & permanent teeth.
  - Management of Pulpally involved primary, young permanent & permanent teeth.
    - Pulp capping – direct & indirect.
    - Pulpotomy
    - Pulpectomy
    - Apexogenesis
    - Apexification
  - Obturation Techniques & material used for primary, young permanent & Permanent teeth in children.
13. TRAUMATIC INJURIES IN CHILDREN:
  - Classifications & Importance.
  - Sequelae & reaction of teeth to trauma.
  - Management of Traumatized teeth.
14. PREVENTIVE & INTERCEPTIVE ORTHODONTICS:
  - Definitions.
  - Problems encountered during primary and mixed dentition phases & their management
  - Serial extractions.
  - Space management.

15. ORAL HABITS IN CHILDREN:
  - Definition, Aetiology & Classification.
  - Clinical features of digit sucking, tongue thrusting, mouth breathing & various other secondary habits.
  - Management of oral habits in children.
16. DENTAL CARE OF CHILDREN WITH SPECIAL NEEDS:
  - Definition, Aetiology & Classification, Behavioural and Clinical features & Management of children with:
    - Physically handicapping conditions.
    - Mentally handicapping conditions.
    - Medically compromising conditions.
    - Genetic disorders.
17. CONGENITAL ABNORMALITIES IN CHILDREN:
  - Definition, Classification, Clinical features & Management.
18. DENTAL EMERGENCIES IN CHILDREN & THEIR MANAGEMENT.
19. DENTAL MATERIALS USED IN PEDIATRIC DENTISTRY.
20. PREVENTIVE DENTISTRY:
  - Definition.
  - Principles & Scope.
  - Types of prevention.
  - Different preventive measures used in Pediatric Dentistry including pit and fissure sealants and caries vaccine.
21. DENTAL HEALTH EDUCATION & SCHOOL DENTAL HEALTH PROGRAMMES.
22. FLUORIDES:
  - Historical background
  - Systemic & Topical fluorides.
  - Mechanism of action.
  - Toxicity & Management.
  - Defluoridation techniques.
23. CASE HISTORY RECORDING:
  - Outline of principles of examination, diagnosis & treatment planning.
24. SETTING UP OF PEDODONTIC CLINIC.
25. ETHICS.

## PRACTICALS

Following is the recommended clinical quota for under-graduate students in the subject of pediatric & preventive dentistry.

1. Restorations – Class I & II only : 45
2. Preventive measures e.g. Oral Prophylaxis – 20
3. Fluoride applications – 10
4. Extractions – 25
5. Case History Recording & Treatment Planning – 10
6. Education & motivation of the patients using disclosing agents. Educating patients about oral hygiene measures like tooth brushing, flossing etc.

### BOOKS RECOMMENDED & REFERENCE:

1. Pediatric Dentistry (Infancy through Adolescence) – Pinkham.
2. Kennedy's Pediatric Operative Dentistry – Kennedy & Curzon.
3. Occlusal guidance in Pediatric Dentistry – Stephen H.Wei.
4. Clinical Use of Fluorides – Stephen H.Wei.
5. Pediatric Oral & Maxillofacial Surgery – Kaban.
6. Pediatric Medical Emergencies – P.S. Whatt.
7. Understanding of Dental Caries – Niki Foruk.
8. An Atlas of Glass Ionomer cements – G.J.Mount.
9. Clinical Pedodontics – Finn.
10. Textbook of Pediatric Dentistry – Braham Morris.
11. Primary Preventive Dentistry – Norman O.Harris.
12. Handbook of Clinical Pedodontics – Kenneth. D.
13. Preventive Dentistry – Forrester.
14. The Metabolism and Toxicity of Fluoride – Garry M.whitford.
15. Dentistry for the Child and Adolescence – Mc.Donald.
16. Pediatric Dentistry – Damle S.G.
17. Behaviour Management – Wright
18. Pediatric Dentistry – Mathewson.
19. Traumatic Injuries – andreanson.
20. Occlusal guidance in Pediatric Dentistry – Nakata.
21. Pediatric Drug Therapy – Tomare
22. Contemporary Orthodontics – Profitt
23. Preventive Dentistry – Depaola.
24. Metabolism & Toxicity of Fluoride – whitford. G.M.
25. Endodontic Practice – Grossman.
26. Principles of Endodontics – Munford.
27. Endodontics – Ingle.
28. Pathways of Pulp – Cohen.
29. Management of Traumatized anterior Teeth – Hargreaves.

## **AESTHETIC DENTISTRY**

Aesthetic Dentistry is gaining more popularity since last decade. It is better that undergraduate students should understand the philosophy and scientific knowledge of the esthetic dentistry.

1. Introduction and scope of esthetic dentistry
2. Anatomy & physiology of smile
3. Role of the colour in esthetic dentistry
4. Simple procedures (roundening of central incisors to enhance esthetic appearance)
5. Bleaching of teeth
6. Veneers with various materials
7. Preventive and interceptive esthetics
8. Ceramics
9. Simple gingival contouring to enhance the appearance.
10. Simple clinical procedures for BDS students.

Recommended books:

1. Esthetic guidelines for restorative dentistry; Scharer & Others
2. Esthetics of anterior fixed prosthodontics; Chiche (GJ) & Pinault (Alain)
3. Esthetic & the treatment of facial form, Vol 28; Mc Namara (JA).

## **FORENSIC ODONTOLOGY (30 hrs of instruction)**

### **DEFINITION:**

Forensic is derived from the Latin word forum, which means 'court of law' Odontology literally implies 'the study of teeth, Forensic odontology, therefore, has been defined by the Federation Dentaire International (FDI) as " that branch of dentistry which, in the interest of justice, deals with the proper handling and examination of dental evidence, and with the proper evaluation and presentation of dental findings".

Objectives of the undergraduate curriculum

At the end of the programme, the dental graduate should:

1. Have sound knowledge of the theoretical and practical aspects of forensic odontology.
2. Have and awareness of ethical obligations and legal responsibilities in routine practice and forensic casework.
3. Be competent to recognize forensic cases with dental applications when consulted by the police, forensic pathologists, lawyers and associated professionals.
4. Be competent in proper collection, age estimation and bite marks.
5. Be able to assist in analysis, evaluation, and presentation of dental facts within the realm of law.

Curriculum for forensic odontology

1. Introduction to forensic dentistry
  - Definition and history
  - Recent developments and future trends
2. Overview of forensic medicine and toxicology
  - Cause of death and postmortem changes
  - Toxicological manifestations in teeth and oral tissues
3. Dental identification
  - Definition
  - Basis for dental identification
  - Postmortem procedures
  - Dental record compilation and interpretation
  - Comparison of data, and principles of report writing
  - Identification in disasters and handling incinerated remains
  - Postmortem changes to oral structures

4. Maintaining dental records
  - Basic aspects of good record-keeping
  - Different types of dental records
    - Dental charts
    - Dental radiographs
    - Study casts
    - Denture marking
    - Photographs
  - Dental notations
  - Relevance of dental records in forensic investigation
5. Age estimation
  - Age estimation in children and adolescents
    - Advantages of tooth calcification over 'eruption' in estimating age
    - Radiographic methods of Schour & Massler, Demirjian et al
  - Age estimation in adults
    - Histological methods – Gustafson's six variables and Johnson's modification, Bang & Ramm's dentine translucency.
    - Radiographic method of Kvaal et al
  - Principles of report writing.
6. Sex differentiation
  - Sexual dimorphism in tooth dimension (Odontometrics)
7. Ethnic variations ('racial' differences) in tooth morphology
  - Description of human population groups
  - Genetic and environmental influences on tooth morphology
  - Description of metric and non-metric dental features used in ethnic differentiation.
8. Bite mark procedures
  - Definition and classification
  - Basis for bite mark investigation
  - Bite mark appearance
  - Macroscopic and microscopic aging of bite marks
  - Evidence collection from the victim and suspect of bite mark
  - Analysis and comparison
  - Principles of report writing
  - Animal bite investigation.
9. Dental DNA methods
  - Importance of dental DNA evidence in forensic investigations
  - Types of DNA and dental DNA isolation procedures
  - DNA analysis in personal identification
  - Gene-linked sex dimorphism
  - Population genetics



#### 10. Jurisprudence and ethics

- Fundamentals of law and the constitution
- Medical legislation and statutes (Dental and Medical Council Acts, etc)
- Basics of civil law (including torts, contracts and consumer protection act)
- Criminal and civil procedure code (including expert witness requirement)
- Assessment and quantification of dental injuries in courts of law
- Medical negligence and liability
- Informed consent and confidentiality
- Rights and duties of doctors and patients
- Medical and dental ethics (as per Dentists' Act)

Theory sessions and practical exercises

Total hours for the course

- Didactic – 10-12 hours
- Practical – 20-25 hours

Detailed didactic sessions for the above components, either in the form of lectures or as structured students-teacher interactions, is essential. Specialists from multiple disciplines, particularly from legal and forensic sciences, can be encouraged to undertake teaching in their area of expertise.

An interactive, navigable and non-linear (INN) model may also be utilized for education.

Practical exercises (real-life casework and / or simulated cases) must complement didactic sessions to facilitate optimal student understanding of the subject. Mandatory practical training in dental identification methods, dental profiling (ethnic and sex differences, radiographic age estimation), and bite mark procedures, is of paramount importance. In addition, practical exercises / demonstrations in histological age estimation, comparative dental anatomy, DNA methods, medical autopsy, court visits, and other topics may be conducted depending on available expertise, equipment and feasibility.

Approach to teaching forensic odontology

Forensic odontology could be covered in two separate streams. The divisions include a preclinical stream and a clinical stream.

**Preclinical stream:**

- Introduction to forensic odontology
- Sex difference in odontometrics
- Ethnic variations in tooth morphology
- Histological age estimation
- Dental DNA methods
- Bite marks procedures
- Overview of forensic medicine and toxicology

It could prove useful to undertake the preclinical stream in II or III year under Oral Biology / Oral Pathology since these aspects of forensic odontology require grounding in dental morphology, dental histology and basic sciences, which, students would have obtained in I and / or II BDS.

**Clinical stream:**

- Dental identification
- Maintaining dental records
- Radiographic age estimation
- Medical jurisprudence and ethics

It would be suitable to undertake these topics in the IV or V year as part of Oral Medicine and Radiology, since students require reasonable clinical exposure and acumen to interpret dental records, perform dental postmortems and analyse dental radiographs for age estimation.

## **ETHICS (20 hrs. of instruction)**

### **INTRODUCTION:**

There is a definite shift now from the traditional patient and doctor relationship and delivery of dental care. With the advances in science and technology and the increasing needs of the patient, their families and community, there is a concern for the health of the community as a whole. There is shift to greater accountability to the society. Dental specialists like the other health professionals are confronted with many ethical problems. It is therefore absolutely necessary for each and every one in the health care delivery to prepare themselves to deal with these problems. To accomplish this and develop human values Council desires that all the trainees undergo ethical sensitization by lectures or discussion on ethical issues, discussion of cases with an important ethical component.

### **COURSE CONTENT:**

Introduction to ethics –

- i. What is ethics
- ii. What are values and norms
- iii. How to form a value system in one's personal and professional life?
- iv. Hippocratic oath.
- v. Declaration of Helsinki, WHO declaration of Geneva, International code of ethics, DCI Code of ethics.

Ethics of the individual –

The patient as a person.

Right to be respected

Truth and confidentiality

Autonomy of decision

Doctor Patient relationship

Profession Ethics –

Code of conduct

Contract and confidentiality

Charging of fees, fee splitting

Prescription of drugs

Over – investigating the patient

Malpractice and negligence

Research Ethics –

Animal and experimental research/humanness

Human experimentation

Human volunteer research-informed consent

Drug trials

Ethical workshop of cases

Gathering all scientific factors

Gathering all value factors

Identifying areas of value – conflict, setting of priorities

Working our criteria towards decisions

Recommended Reading:

Medical Ethics, Francis C.M., I Ed. 1993, Jaypee Brothers, New Delhi 189.